

**M.A/M.Sc in Home Science  
(Human Development & Family Studies)**

**SYLLABUS (2011-13)**



**P.G. DEPARTMENT OF HOME SCIENCE  
SAMBALPUR UNIVERSITY  
JYOTI VIHAR**

**Courses of Studies for the  
M.A/ M.Sc Home Science (Human Development & Family Studies) Examination  
(Under Course Credit Semester System)  
Effective from First Semester Examination, 2011-12**

**First Semester**

Course No.	Title	Credit Hour
HSC. 411	Research Methodology	4 (Theory)
HSC. 412	Statistics & Computer Application	4 (Theory)
HSC. 413	Extension Education & Communication	4 (Theory)
HSC. 414	Environmental Management	4 (Theory)
HSC. 415	Practical related to HSC411 & HSC 412	2 (Practical)
HSC. 416	Practical related to HSC413 & HSC 414	2 (Practical)
<b>Total</b>		<b>20</b>

**Second Semester**

Course No.	Title	Credit Hour
HSC. 421	Theories of Human Development & Family Studies	4 (Theory)
HSC. 422	Infancy & Childhood Development	4 (Theory)
HSC. 423	Early Childhood Care & Education	4 (Theory)
HSC. 424	Community Health Management	4 (Theory)
HSC. 425	Practical Related to all theory papers	3 (Practical)
HSC. 426	Writing of Term Paper & Seminar	1
<b>Total</b>		<b>20</b>

**Third Semester**

Course No.	Title	Credit Hour
HSC. 511	Advanced Adulthood Development	4 (Theory)
HSC. 512	Study of family in Society	4 (Theory)
HSC. 513	Children with special need	4 (Theory)
HSC. 514	Guidance & Counseling	4 (Theory)
HSC. 515	Practical related to all the theory papers	2 (practical)
HSC. 516	Dissertation (Writing of Synopsis & Field Work)	2
Presentation through a seminar (to be completed in IVth Semester)		
<b>Total</b>		<b>20</b>

**Fourth Semester (A candidate has to select any three elective theory papers)**

Course No.	Title	Credit Hour
HSC. 521	Adolescents & Youth	4 (Theory elective)
HSC. 522	Gender and Development	4 (Theory elective)
HSC. 523	Women's Studies	4 (Theory elective)
HSC. 524	Gerontology	4 (Theory elective)
HSC. 525	Advances in family Studies	4 (Theory elective)
HSC. 526	Dissertation	4
HSC. 527	Seminar	2
<b>Total</b>		<b>20</b>

**Instruction to Paper Setters**

1. In theory papers questions will be set unit-wise with 2 questions from each unit (total 8 questions). The students shall answer any one question from each unit.
2. 60% of the questions shall be long-answered type and 40% short-answered type

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**DETAILED COURSES OF STUDIES**

**FIRST SEMESTER**

**Course No: HSC. 411                      Research Methodology (Theory)                      4CH**

**Unit-I:** Research Methodology: Meaning, aim & objective of research, significance of Research, Role of Research, Types of Research, Research Process, Criteria of a good Research. Research Problem, defining a research problem, selecting the problem, technique involved in defining a problem Thrust areas in research in Human development & family studies

**Unit-II:** Research Design: Meaning need & feature of a good design. Different types of research design, Experimental Research Design. Sampling design, Census and sample survey, Steps in sampling design, characteristics of a good sampling design, Types of sampling design, sampling error, criteria for selecting a sampling design.

**Unit-III:** Data collection: Collection of primary data through different methods (Questionnaire, observation, Interview, case study, Sociometry, Anthropometry, Projective tests and other methods), Collection of Secondary data, Selection of appropriate method for data collection.

**Unit-IV:** Measurement & Scaling techniques: Measurement scales. Tests of Sound measurement, Techniques of developing measurement tools, Scaling, Meaning, scale classification bases, important scaling techniques, Scale construction techniques.

**Books Recommended**

1. Scientific Social Survey – P.V.Young.
2. Statistical Methods – S.P.Gupta, Sultan Chand & Sons Publisher- New Delhi
3. Research Methodology, Methods and Techniques – C.R. Kothari Wiley Eastern Limited – New
4. Elements of Statistics, Theory & Practice – M.Singhal. Lakshmi Narain Agarwal, Educational Publisher – Agra
5. An Introduction to Statistical Methods – C.B.Gupta & V.Gupta- Vikas Publishing House PVT Ltd.
6. Methodology and Techniques of Social Research – P.L.Bandarkar & T.S.Wilkinson –Himalaya Publishing House- Mumbai.
7. Research Methods & Measurements in Behavioural & Social Sciences – G.L.Bhatnagar – Agri. Cole. Publishing Academy, New Delhi.
8. Statistics in Psychology & Education – Henry, E. Garrett, David Heley and Co.
9. Experimental Design in Psychological Research – Edwards
10. The Quality of Life: Valuation in social Research – R.Mukherjee – Sage publications, New Delhi
11. Fundamentals of Statistics- D.N.Elhance.
12. Statistics in Psychology & Education-Garrett & Word.
13. Research Method in Behavioural Science-S.M.Mohsin.
14. Methodology of Research-Kulbir Singh Sidhu.

**Course No: HSC. 412                      Statistics & Computer Applications ( Theory)                      4CH**

**Unit-I:** Classification & tabulation of Data: Meaning, objective and types of classification, formation of discrete and continuous frequency distribution, tabulation of data, parts of a table, General Rule of tabulation, Types of tables, Diagrammatical and graphical presentation of data: significance, types and limitation of different types of diagrams and graphs used for presentation of data.

**Unit-II:** Measure of Central tendency: Mean, Median, Mode and their uses with examples and their advantages and disadvantages, Measure of Dispersion: significance and methods used in studying dispersion (range, quartile deviation, mean deviation and standard deviations) with their uses, advantages and disadvantages.

**Unit-III:** Test of Relationship; Meaning, types and methods used to study correlation (simple Co-efficient of correlation, rank correlation, co-efficient of concurrent deviation and other methods) regression along with their uses, advantages & disadvantages. Testing of Hypothesis; Meaning, basic concept concerning testing of hypothesis, procedure for testing hypothesis, Errors in testing hypothesis.

**Unit-IV:** Parametric and Non-parametric tests: uses of chi square test, student 't' test, and 'z' test in testing hypothesis. Interpretation & Report writing; meaning, technique of interpretation, significance, steps followed, layout of report writing, Types of report and techniques of writing a report, The computer system, important characteristics and application in Research.

### **Books Recommended**

Same as course no HS 411 of 1<sup>st</sup> Semester.

### **Course No: HSC. 413          Extension Education & Communication (Theory)          4CH**

**Unit-I:** Extension Education: concept, philosophy, principles objectives and scope of extension education. Uniqueness of the extension programme in India, Objectives behind extension Education Programme, Broad objectives Financing, Extension as a programme & process, Field covered, characteristic of extension, Extension worker, Qualities of an extension worker, Extension worker as a communicator.

**Unit-II:** Programme planning: meaning, nature, principles & scope of programme planning, principles of programme planning applied to extension, objectives, steps for making a programme, Programme implementation :aspects of execution, facts responsible for the successful conduct of a programme, role of officials, non-officials and agencies in programme implementation. Evaluation: meaning, scope & purpose of evaluation, elements of evaluation process, uses of evaluation, steps involved, types of evaluation, criteria for evaluation, tools in evaluation.

**Unit-III:** Communication: Definition, meaning, nature, types and importance of communication, elements of communication, communication process, importance of communication in extension work, communication models, Communication of channels: Definition, dimensions, classification, and nature of channels, selection of communication channels. Communicator-communicatee, relationship and feed back in communication.

**Unit-IV:** Communication Approaches: motivating audience, basic principles and steps in teaching & learning in extension education, extension teaching methods, classification & factors involved in selection of appropriate methods, feature, advantages & limitations of different method of teaching (mass, group, individual). Audio-visual aids in communication, choice, planning, selection & types of visual aids, Audio aids & audio-visual aids, other teaching aids, contribution of audio-visual aids in extension teaching,

### **Books Recommended**

1. Education & Communication for Development –O.P. Dahama & O.P.Bhatnagar – Oxford & IBH Publishing Co. PVT Ltd. New Delhi.
2. Extension & Rural Welfare – O.P.Dahama – Ram Prasad & Sons – Agra, Bhopal.
3. Extension Education – A. Adivi. Reddy- Sree Lakshmi Press, Bapatla.
4. Extension – Third Dimension of Education – G. Pankajam – Gyan Publishing House – New Delhi.
5. A Hand Book of Education Extension – B.K.Chaubey – Jyoti Prakashan, Allahabad.
6. Text Book of Extension Education – R. Singh – Sahitya Kala Prakashan – Ludhiana.
7. Introduction to Extension Education – S.V. Supe – Oxford publishers – New Delhi.
8. Extension Communication & Management – G.L.Ray – Naya prakash, Calcutta.
9. Exploring of Extension Excellence – S.K.Waghmare – Multi Tech Publication. Company.

10. Extension Education in Community Development Ministry of Food & Agriculture, Govt. of India – New Delhi.
11. Rural Development Series – Agricultural Extension – Vol I & II – Basic Concepts & methods – Albrechts. H. *et al.* Wiley Eastern limited.

**Course No: HSC. 414                      Environmental Management (Theory)                      4CH**

**Unit-I:** Environment: Components of environment, factors influencing environment, elements of environment. Atmospheres: (Troposphere, Mesosphere, Ionosphere, Exosphere, Hydrosphere, Lithosphere, Biosphere), Physico-chemical factors in the environment, changes in environment, National resources-conservation & sustainable development.

**Unit-II:** Population & Environment: population density, natality, mortality, Dispersion, age distribution, population growth curve, age pyramid, carrying capacity, community, structure, theories of climax community. Ecological succession pattern- types of succession, population growth & natural resources, Impact of population, growth on economic development & environment.

**Unit-III:** Environmental Pollution: Definition, types of pollutants, Agents causing pollution, classification, effects of pollution- Air pollution, sources, air pollutants, effects of air pollution & its control. Water Pollution: sources, water pollutants, effects of water pollution & its control. Noise Pollution: effect & control of noise pollution, Land degradation, causes, effect & control, waste disposal, legal provisions to control pollution.

**Unit-IV:** Environment and Public Health: Epidemiology, transmission of communicable diseases, water, air, vector and food borne diseases, diseases from animal to man, environmental pollution & community health, chemical insecticides & its impact on health, toxic action of metals & biological substances, sanitation measure to prevent & control the spread of diseases, vector control.

**Books Recommended**

1. Environmental Studies- A.K.Patra, Kalyani Publishers, New Delhi.
2. Fundamentals of Environmental Studies-S.N.Tripathy & Sunakar Panda, Vrinda Publications (P) Ltd, Delhi.
3. Environment & Society- P.C.Mishra & R.C.Das, Macmillan India Limited, New Delhi.
4. Fundamentals of Environmental Studies- N.K.Tripathy, Taratarinin Pushtakalaya, Berhampur, Orissa.
5. Man & Environment- M.C.Dash & P.C.Mishra, Macmillan India Limited, Kolkata.
6. A Text Book on Environmental Pollution & Control- H.S.Bhatia, New Delhi.
7. Environmental pollution & Development: Environmental Law, policy & Role of Judiciary- C.Pal, Mittal Publishers, New Delhi.
8. Sociology of Environment-S.N.Power & R.B.Patil, Rawat Publishers, Jaipur.
9. Environmental Education Problems & prospects- R.Ghanta & B.D.Rao, Discovery, New Delhi.
10. The Impact of Environmental Degradation on People- Philip viegs & Geeta Menon, Inidan social Institut, New Delhi.
11. Sustainable development & Environment, vol. I- Amit khanna De *et al.* , Cosmo Publisher, New Delhi.
12. Environmental Degradation: Socio-economic Consequences, I.S.Chauhan & A.Chauhan, Rawat Publishers, Jaipur.

**Course No: HSC. 415                      Practical related to HSC411 & HSC 412(Practical)                      2CH**  
To be decided by the teachers council of the department

**Course No: HSC. 416                      Practical related to HSC413 & HSC 414 (Practical)                      2CH**  
To be decided by the teachers council of the department

**SECOND SEMESTER**

**Course No: HSC. 421    Theories of Human Development & Family Studies (Theory)                      4CH**

**Unit-I:** Life span perspectives: Stages of life span, Basic concept of development Principles of growth & Development, Developmental task, Methods of studying Human Development ( observation, Questionnaire, Interview, case study, & Psychometric methods) Role of heredity & Environment.,

**Unit-II:**Theories of Human Development; (Freud’s psychoanalytic theory, Learning theory of Pavlov, Watson, Skinner, Cognitive development theory of Piaget, Social learning & social Cognition theories, Erikson,s Psychosocial theory)

**Unit-III:** Theoretical & conceptual frame work to study family, Theories of Family; developmental, system, conflict and social Exchange Theory

**Unit-IV:** Family pattern & policies, family life Cycle, Family Life enrichment programme, Ideology of family rights and responsibilities, family life education, developing resiliency in contemporary Indian families

**Books Recommended**

1. Child Development- L.E.Berk Basten-Allyn & Bacon, London.
2. Child Development- E.B. Hurlock.
3. Developmental Psychology- E.B.Harlock.
4. Child Development & personality- P.H.Mussen, J.J. Conger & J.Kagan, A.C.Huston-Harper & Row Publications, New York.
5. Human Development- F.P.Rice-Perntice Hall, New Jersey.
6. The Development of Children- M.Cole & S.Cole-Scientific American Books- Freeman & Co,
7. Child Development- An Introduction – J.W. Santrock & S.K.Yussen Iowa WMC. Brown Publishers.
8. Child Development: Infancy through Adolescence-A.Clarke Stewart & S.Friedman, Johnwiley, New York.
9. Enhancing the Role of the Family as an agent for Social & Economic Development TISS Bombay
10. Family Life Education in India –Perspectives, Challenges and application, A. Choudhury Rawat Publication Jaipur.
11. Family in Transition: Power & Development, J.K.barala& A.Choudhury, Northern Book Center,
12. Family Dynamics: Social Work Perspectives, A. Khasgiwala, 1993, Anmol, New Delhi.

**Course No: HSC. 422                      Infancy & Childhood Development (Theory)                      4CH**

**Unit-I:** How life begins & Infancy: Pre-natal Development: the beginning, conception, period of prenatal development, factors affecting & hazards of prenatal period. Infancy: The newborn, characteristics, major adjustment of infants, factors influencing adjustment to post natal life, developmental trends & hazards.

**Unit-II:** Baby hood: Characteristic & developmental tasks of babyhood., Physical, mental, motor, speech, emotional, social, moral and personality development, during baby hood period. Early interest in play, family relationship development in babyhood period, Hazards & happiness of baby hood period.

**Unit-III:** Early childhood: Characteristic & developmental tasks of early childhood, physical, mental, motor, speech, emotional, social moral & personality development during early childhood period. Play & common interest in early childhood period, Family relationship in early childhood, Hazards & happiness in early childhood period.

**Unit-IV:** Late childhood: Characteristic & developmental tasks of late childhood, physical growth, motor skills, speech development, emotional development, expressions pattern of socialization, play interest, moral, personality development& Development of understanding during late childhood period, common interest in family relationship during late childhood, Hazards & happiness in late childhood period.

**Books Recommended**

1. Child Development- L.E.Berk Basten-Allyn & Bacon, London.
2. Child Development- E.B. Hurlock.
3. Developmental Psychology- E.B.Harlock.
4. Child Development & personality- P.H.Mussen, J.J. Conger & J.Kagan, A.C.Huston-Harper & Row Publications, New York.
5. Human Development- F.P.Rice-Perntice Hall, New Jersey.
6. The Development of Children- M.Cole & S.Cole-Scientific American Books- Freeman & Co, New York.

7. Child Development- An Introduction – J.W. Santrock & S.K.Yussen Iowa WMC. Brown Publishers.
8. Child Development: Infancy through Adolescence-A.Clarke Stewart & S.Friedman, Johnwiley, New York.

**Course No: HSC. 423                      Early Childhood Care & Education (Theory)                      4CH**

**Unit-I:** Early Childhood care & Education: Nature, meaning, need, importance, aims, objective, principles & scope of ECCE, types of pre-schools/ programmes – play centers, day care, kindergarten, balwadi, anganwadi, mobile crèches, contribution of the agencies to ECCE in India (ICCW, IAPE, NCERT, ICDS, UNICEF, CARE)

**Unit-II:** Historical Trends: Contribution of the following thinkers to the development of ECCE (their principles, application & limitation) in the context ECCE. Pestalozzi, Rousseau, Froebel, Dewey, Montessori, Gandhi, Tagore, Aurobindo, Tarabai Modak, ECCE in India.

**Unit-III:** Organizational Set up: Building & Equipment- Location , site, size and arrangement of rooms, play ground, play equipment, storage facilities, maintenance of the equipments and furniture, administrative set up – staff & personnel working at different level, Role ,responsibilities & essential qualities of teacher & other personnel, Record & report-significance, types.

**Unit-IV:** Curriculum & Activities: Principles & planning of curriculum for pre-school, major goals, factors determining the effectiveness of the curriculum, activities of curriculum for physical development, healthful living, social & emotional development, cognitive development & creative art & craft.

**Books Recommended**

1. Early Childhood care & Education (ECCE) – J.Mohanty & B.Mohanty – Deep & Deep Publication Pvt Ltd, New Delhi.
2. Pre-school Children – Development, care & Education – A.Chowdhury & R. Choudhury – New Age International Limited – Publishers, New Delhi.
3. Pre-school Education- Philosophy & practice- G.Pankajam-The Indian Publications-Ambala Cantt.
4. Theory & Principles of Education- Bhatia & Bhatia – Doaba House, Delhi.
5. Introduction to Early Childhood Education-J.A.Brewer, Allyn & Bacon. Boston,
6. Early Childhood Education- Barbara Day – -Macmillan, New York.
7. Early Childhood Education-J.S.Garewal- Agra national Psychological Corporation Publishers.
8. Introduction to Early Childhood Education-Hilde brand Vena, -Macmillan-New York.
9. Early Childhood Education programme, V.Kaul NCERT, New Delhi.
10. Guide to Nursery School Teacher – R. Muralidharan NCERT.
11. Early Childhood: Care & Education, V.K.Rao, S.Khursi Ul-islam – Common Wealth Publication, New Delhi.
12. A Source Book on Early Childhood Care & Education, MinaSwaminathan, UNESCO, Clinical co-operative Programme, Paris.
13. The First Five Years: a critical perspective in Early Childhood Care & Education in India-Sage Publication, New Delhi.

**Course No: HSC. 424    Community Health Management (Theory)                      4CH**

**Unit-I:** Health: concept, definition, dimension & determinant of health, positive health, health situation in India, concept of disease, causation (Agent, host, environmental factors) concept and control & prevention, modes of intervention, Health Indices: fertility, indicator, vital statistics, mortality, morbidity & demographic indicator, Human development Index, Reproductive health index.

**Unit-II:** Health Care: Concept of health care, level of health care, changing concept, elements & principles of health care, health for all, national strategies, health care delivery system (primary health care) health care services & system, agencies (Govt. and Private) in delivery health care services, health programmes in India.

**Unit-III:** Health needs & problem: Health needs & problems related to sanitation & environment, personal hygiene, pollution, health needs of special groups-women, infants, children, adolescents, geriatric health needs & problems, problems related to communicable (malaria, cholera, typhoid, chicken pox,

measles, mumps, influenza, hepatitis, poliomyelitis, tuberculosis) & non communicable (heart disease, hypertension, cancer, diabetes, obesity) diseases. Newer diseases.

**Unit-IV: Health planning & Management:** Health planning, health needs & demands, objectives, targets & goals, planning cycle, management: methods & techniques, health planning in India, Five year plans & health system in India. Health information, requirements, components, sources of health information, health regulation & acts, health legislation. Health Education, adoption of new ideas & practices, content & principles of health education, audio-visual aids in health education.

**Books Recommended**

1. Primary Health Care Vol I –III, P.R.Dutt, Gandhigram Institute of Rural Health & Family Welfare Trust, Ambathurai.
2. A Text Book of Community Health for Nurses, R.K.Manekar, Vora Medical Publications, Mumbai.
3. Essentials of Community Health Nursing- K.Park M/S Banarasidas Bharat Jabalpur.
4. Text Book of Preventive & social Medicine- K. Park . M/S Banarasidas Bharat, Jabalpur.
5. Text Book of Public Health and Social Medicine- A.N.Ghei Lakshmi Book Store, New Delhi.
6. A Hand Book of Social & preventive Medicine- Y.P.Bedi, Atmaram & Sons, New Delhi.
7. Community Health in the United States- John D. Porterfield- Voice of American Forum-Lectures.
8. The Concept of Health- Donald A.read- Hobrook Press Inc, Boston.
9. Principles of Health Science- K.L.Jones, L.W. Shainberg & C.O. Byer- Harper & Row Publishers, New York.
10. Encyclopedia of Health & Nutrition- Anmol Publications New Delhi.
11. Health Promotion in Public- A. Bhatia, Anmol Publications, New Delhi.

**Course No:HSC. 425**                      **Practical Related to all theory papers (Practical)**                      **3CH**  
To be decided by the teachers council of the Department

**Course No:HSC. 426**                      **Writing of Term Paper & Seminar**                      **1CH**

In this paper the candidate shall prepare a Term Paper in consultation with the Supervisor (To be decided by the Teachers council). The candidate shall give a seminar presentation. The evaluation of the term paper shall be made by the Supervisor & Teachers council ( 50% by the Supervisor and the rest 50% shall be by the Teachers' Council ).

**THIRD SEMESTER**

**Course No: HSC. 511**                      **Advanced Adulthood Development (Theory)**                      **4CH**

**Unit-I:** Puberty and Adolescence: Age and Characteristics of Puberty, Changes at puberty & their Effect, Characteristics and Developmental tasks of adolescence, changes in physique, emotionality, morality, interest, socialization and personality pattern during adolescence, Sex interest & Sex Behavior during adolescence.

**Unit-II:** Early Adulthood: characteristics, developmental tasks, change in interest, adjustments in early adulthood (vocational, marital, parenthood, sex role), recreation, hazards and success related to different adjustments.

**Unit-III:** Middle Age: Characteristics, developmental tasks, adjustment to physical, mental changes, changed interest, change in family pattern, loss of spouse. Social adjustment: vocational & marital hazards, personal & social hazards, assessment of adjustments in middle age group.

**Unit-IV:** Old Age: characteristics, developmental tasks, adjustment to changes (physical, motor abilities, mental abilities, interest, change in family life) vocational adjustments, adjustment to loss of spouse, remarriage, being single, hazards to personal & social adjustment, vocational & family life hazards – Assessment of adjustment in old age.

**Books Recommended**

1. Developmental Psychology- Elizabeth B. Hurlock – Tata McGraw-Hill Publishing Company Ltd, New Delhi.
2. Child Development & personality – P.H.Mussen, J.J.Conger, J. Kagan, Harper International Edition – New York.



3. Child Development- D.E Berk - Allyn & Bacon. Boston,
4. Contemporary Topics in Developmental Psychology-N.Eisen, Jhon Wiley & Sons New York.
5. Child Development- E.B.Hurlock.
6. Child Psychology- A Contemporary View Point – L.M.Hethrington.& R.D.Parke - MacGraw Hill Books.
7. Human Development- F.P.Rice, Prentice Hall. New Jersey
8. Child Development- L.E.Berk- Allyn & Bacon, London.
9. The Development of Children- M. Cole & S.Cole Scientific American Books, Freeman & Co.
10. Child Development: An Introduction – J.W.Santrock & S.R.Yussen. Iowa W on C. Brown Publishers.
11. Child Development: Infancy through Adolescence-A.Clarke Stewart & S.Friedman- John Wiley .
12. Life Span Development- J.W.Santrock- Brown & Benchmark.  
Human Development- A life Span Approach- F.P.Rice Prentice Hall- New Jersey

**Course No: HSC. 512                      Study of Family in Society (Theory)                      4CH**

**Unit-I:** The family: meaning, nature, origin & forms of the family, function of the family, causes of decay of patriarchal family, features of modern family, instability of modern family, reconstructing the family. Approaches and theories in family studies (Developmental approach, systematic approach, structural & functional approach)

**Unit-II:** Family patterns: Traditional extended/joint families: meaning, definitions, characteristics, merits & demerits of different type of families, disintegration of joint families, alternate families, single parent, childless, female headed, unitary families, family disintegration causes & remedial measures.

**Unit-III:** Marriage: concept, definition, types & forms of marriage, mate selection, factors in mate selection, Hindu marriage ceremonies, Hindu marriage act, marital adjustments, factors contributing to success & failure in marriage. Changing trends & its future

**Unit-IV:** Contemporary issues & concerns: Family violence, battered women, sexual abuse, dowry, divorce, separation & remarriage, marriage & family counseling: Concept, need, counseling process, family welfare programmes , Legal provisions to meet the challenges related to marriage & family..

**Books Recommended**

1. An introduction to sociology- Vidya Bhusan & D.R. sachdeva – Kitab Mahal, New Delhi.
2. Indian Social Problems- Vol I & II, G.R. Madan.
3. Encyclopedia of Child & Family Welfare- Anmol Publication, New Delhi.
4. The Family: A Sociological Interpretation- B.N Adams- Rand & McNully Chicago.
5. Indian Social System- R.Ahuja- Rawat Jainpur.
6. Hand Book of Family Life Education: The Practice of Family Life Education ( vol II) H.E Arcus & others Sage Publications, New Delhi.
7. Family Measurement in India – S.Bharat- Sage Publications, New Delhi.
8. Family: its Structure & Functions- R. Cooser- Macmillan , New York.
9. Women & Work in India Society- T.M.Dak.
10. Marriage & Family in India- Kapadia- Oxford University Press, Calcutta.
11. The Changing Family: Comparative Perspective- M.Hutter, John Wiley & Sons.
12. Family in Urban Setting- Ross- Toronto Press.
13. Family, the World Revolution & Family Patterns- M.J. Goodes: Prentice Hall, New Delhi.
14. Research on Indian Family Problems Issues & Publications, Murali Desai, Shalini Bharat, TIISS, Bombay.
15. Women, Tradition & Culture- Subbamma Madlad
16. Marriage: The Family & Women in India- U.P.P.Rao, V.N.Rao- Heritage New Delhi.
17. The Family in Various Culture- S.A.Queen- Harper & Row New York.
18. Society in India: Continuity & Change- D.G. Mandelbaum University of California Press- Berkley.
19. Sociology of Family, S.L.Lock, Prentice Hall, London.
20. The Family in Social Context- G.R.Leslie, Oxford – New York.

**Course No: HSC. 513**

**Children with Special Needs (Theory)**

**4 CH**

**Unit-I:** Special Children: Definition, meaning & types of special children, needs & characteristics of these children, the magnitude of the problem in India, helping these children (medical treatment, psychotherapy, behaviour therapy, Educational & other interventions) rehabilitation services, measures to tackling these problems, national & voluntary organizations in the welfare services of the disabled, special needs policy in India.

**Unit-II:** Children with sensory, motor & physical differences: definition, classification, identification and the intervention programmes planned for the following (Hearing disability, speech disabilities, visual disabilities & physical health disorder)

**Unit-III:** Children with learning & cognitive differences: definition, classification, identification and the intervention programmes planned for the following (mental retardation, learning disabilities & gifted)

**Unit-IV:** Children with emotional & behavioural Differences: definition, classification, identification & the intervention programmes planned for the following:(emotional disturbances & personality problems, conduct disorder & delinquencies and deprived children).

**Books Recommended**

1. Special Children-An integrative Approach-B.G.Suran & J.V.Rizzo – Scott, Foresman & Company, Glenview, Illinois, London.
2. Exceptional Children-Introduction to Special Induction-D.P.Hullahan & J.M.Kauffman-Prentice Hall, Inc, Englewood Cliffs, New Jersey.
3. Exceptional Children-An Introductory Survey to Special Education-W.L.Heward & M.D Orlansky-Charles E, Merrill Publishing Company, Toronto.
4. Introduction to Skeptical Children-Their Nature & Educational Provisions – M. Bhargava – Sterling Publishers Private Limited, New Delhi.
5. Education & Children with special needs – from Segregation to inclusion-S. Hegarty & M.Alur, Sage Publications, New Delhi.
6. Social Welfare Administration in India-D.R.Sachdeva, Kitab Mahal Agencies, Allahabad.
7. Early Intervention studies for Young Children with Special Needs- D.Mitchell & R.I. Brown Chapman & Hall, London.
8. Children with special Needs- IGNOU, R.S.sen (eds) Services & programmes for children
9. Education for Young Children with Special Needs – B.Kaur & P. Karanth In T.S.Saraswathi & B.Kaur eds, Human development & Family Studies in India: An agenda for research & policy, Sage Publications, New Delhi.
10. Hand Book of Special Education: Research & Practice Vol. 3 M.C.Wang- Pergaman, Oxford.

**Course No: HSC. 514 Guidance & Counseling (Theory)**

**4 CH**

**Unit-I:** Guidance; concept, nature, need & scope of Guidance, principles, basic assumptions, functions of Guidance, different areas of guidance, (educational, vocational, avocational, social, moral, health, personal, marital), types of guidance, group guidance techniques.

**Unit-II:** Counseling: Definition, counseling and psychotherapy, purpose & scope of counseling, levels of classifications of counseling, counseling techniques, types and areas of counseling, counseling and related field, process of counseling.

**Unit-III:** Educational Guidance & counseling: Purpose, function and need of educational guidance, Guidance & counseling at elementary, secondary school level & at college level, the role of teacher's in counseling, educational counseling & curriculum, counseling & home educational guidance programmes & activities.

**Unit-IV:** Vocational guidance & counseling: Importance, basic assumptions & purpose of vocational guidance, factors in vocational guidance, Relation of educational & vocational guidance, vocational guidance at different stages, factors affecting occupational & vocational choice, vocational adjustments, distinction between vocational counseling and vocational guidance.

### **Books Recommended**

1. Educational & vocational guidance in secondary schools – S.K.Kochhar, Steerling publisher Pvt. Ltd, New Delhi.
2. Counseling and Guidance, S.Narayan Rao tata McGraw Hill Publishing Company Limited,
3. Counseling skills Training- P.Burnard, Viva Books, New Delhi.
4. Counseling: the Skills of finding solutions to Problems, R.Manthei, Routledge, London.
5. Individual Counseling: Therapy & practice, D.Nicolson & H.Ayers, David Fulton, London.
6. Encyclopedia of Guidance & counseling- Mittal Publications, New Delhi.
7. Educational & Vocational Guidance- R.Singh, Common Wealth Publishers, New Delhi.
8. Guidance & Counseling- I. Madhukar, Authe press Global Network..
9. Principles of Guidance & Counseling- M.Asche Sarup & sons, New Delhi.
10. Guidance & Educational Counseling- S.K.Chibber- Common Wealth Publishers.
11. Encyclopedia of Childcare & Guidance- (1 & 2vols) Sarup & Sons, New Delhi.

**Course No:HSC. 515**                      **Practical related to all the theory papers**                      **2CH**

To be decided by the teachers council of the department

**Course No:HSC. 516**                      **Dissertation**                      **2CH**

(Writing of Synopsis, collection of literature, Preparation of research tool & plan for Field Work/ experimental work& Presentation through a seminar)

Each student has to submit a research proposal to carry out independent research on a topic decided in consultation with the supervisor, (nominated by the teacher's council of the department) to the head of the department in the beginning of the Third semester. The candidate has to write the synopsis of the work to be carried out, prepare appropriate tool for collection/ generation of data, and plan for the field work/ experimental work and make a presentation of this in the department before the faculty and research students for evaluation by the supervisor (50%) and teachers' council of the department (50%). The feedback and comments received during the seminar presentation shall be suitably incorporated in the work under the advice of the supervisor.

### **FOURTH SEMESTER**

**Course No: HSC. 521**                      **Adolescents & Youth (Theory elective)**                      **4CH**

**Unit-I:** Physical & sexual development: Age of transition, social attitudes & expectations towards adolescents, effects of transition to adulthood, meaning & age of puberty, causes of puberty, significance and effect of body transformation on behaviour, meaning of adult sexuality, knowledge about sex & sex roles, attitudes towards sex, pattern of approved sexual behaviour.

**Unit-II:** Social & emotional & development: meaning of social acceptance, factors influencing social acceptance, effects of social acceptance on attitudes & behaviour, effects of group status, meaning of heightened emotionality, common emotion pattern, effect of the emotion on adolescent adjustment, emotional control.

**Unit-III:** Development of aspiration & achievement: Meaning of aspiration, how aspirations, how aspirations develop, variations in aspirations, the achievement syndromes (success & failure). Educational & Vocational achievements, social mobility & achievement.

**Unit-IV:** Personality development & family relationship: Meaning of improvement of personality, obstacles, factors influencing self- concept (acceptance & rejection) level of adjustment & happiness. Effect of family relationship, on home climate, conditions affecting family relationship, common recreational interest & activities.

### **Books Recommended**

1. Adolescent development- E.B.Hurlock, International Student Edition.
2. Psychology of Adolescent- S.S.Chauhan, Allied publishers private Limited, New Delhi.
3. Adolescent Psychology-S.P.Chaube, Vikas Publishing Pvt Ltd, New Delhi.
4. Adolescent development-D.E.Balk, Brooks/Cole, New York.
5. Identity: Youth & crisis-E.H.Erikson, Faber & Faber, London.



**Unit-IV:** Women welfare Programmes: Women welfare programme in urban & rural areas, policies & programmes of social welfare floated at the center & state level, for the advancement of the Condition of women in India. Women welfare organizations, co-ordination of agencies of women welfare programmes. Women empowerment. Development of women entrepreneurships

**Books Recommended**

1. Women & the Law- T.N.Srivastava, Intellectual , New Delhi.
2. Gender Inequality: A Comparative Study of Discrimination & participation- H.A. Varghese, Sage London.
3. Women & society – J.Mitra, Kanishka Publishers & Distributors, New Delhi.
4. Empowering Women- A.Kumar- Sarup & Sons, New Delhi.
5. Women Entrepreneurship- M. Sundarpandian- Kanishka publishers New Delhi
6. The changing position of Indian women- M.N.Srinivas, Oxford University Press, Bombay.
7. Indian social problems \_ G.R.Madal, vol I & II- Allied publishers, New Delhi.
8. Women Tradition & Culture- M.Subbamma, Sterling Publisher's Private Limited.
9. Women in a changing World, R.C.Hiremath Pointer Publisher, Jaipur.
10. Social Welfare Administration in India- D.R.Sachadeva, Kitab Mahal.
11. Women in Contemporary Society Vol I & II- Edited by Ashok Kumar, Anmol Publications.
12. Women's Work, Class & Urban House hold- U.Sharma, Tavistock, London.
13. Women & Family Law Reforms in India: Uniform Civil Code & Gender Equity, A. Parashara, Sage Publications, New Delhi.
14. Status of girl Child & Women in India- N.Pant- A.P.H. Delhi.
15. Women at Work in Developing Economy- N.K.Gupta & I.K.Sudan, Anmol Publications, New Delhi.
16. Indian Women: Change & Challenges in the International Decade: N.Desai & U. Patel, Popular Publication, Bombay.
17. A Decade of Women's Movement in India- N.Desai- Himalaya Publications. Bombay
18. Women & Work in Indian society- T.M.Dak Discovery, New Delhi.
19. Gender Politics- J.K.Baral & S.K.Patnaik, Discovery, New Delhi.
20. Women's Rights- M. Antony Dialogue, New Delhi.
21. Women's Movement in India- P. Astana- Vikas Delhi.

**Course No: HSC. 524**

**Gerontology (Theory elective)**

**4CH**

**Unit-I:** Gerontology: Emergence & scope of gerontology & elderly care, deographic trends in India, concept of ageing & problems: Biological, Physiological, social & economic aspects (social, economic, single & retired status) Security, occupational aspects & spiritual aspects, Nutritional requirements of the aged & dietary management, nutritional problems in old age.

**Unit-II:** The aged in the family context: Adjustment pattern, family pattern in later life, changing roles and the ageing family, conjugal relations in old age and adjustment, retirement years and adjustments, marital adjustments, Intergenerational family relations & adjustment, widowhood/single hood, alternative life style in old age.

**Unit-III:** Work & retirement pattern: work in old age, individual motivation, leisure & old age, retirement benefits, freedom, fear, change in personal & social life due to retirement, sense of loss, awareness & use of authority, establishment of social worth. Attitude towards retirement: poverty, poor health, retirement, suicide, abandonment, liberation, and solidarity.

**Unit-IV:** Services & programmes for the aged: categories of services: housing, health, leisure time activities, institutions for the aged, day care centers, economic programmes, reengagement, retirement pension, death cum retirement gratuity, provident fund, health measures, insurance scheme, investment & taxation & property. Role of community, and different agencies, for the welfare of the aged.

**Books Recommended:**

1. The Psychology of later life: L.R.Aiken, WB Saunders Company. Philadelphia,
2. Aged: Their Understanding & Care: Klaus Bergmann, London Wolfe Publicaitons. London
3. Handbook of ageing & Social Sciences: R.H.Binstock & E. Shanes, , V.N. Reinhold, Co. New York

4. Old age in a changing society: ZanaSmith, Blau, , New View prints. New York
5. Ageing in India: Problems and potentialities: A.B.Bose, & K.D Gangrade Abhinav Publications,
6. Ageing and the Aged: D.Paul Choudhury, Inter India Publications New Delhi.
7. Contemporary Perspectives on Adult Development & Ageing: Alicia Skinner Cook- Macmillan New
8. Later Life: The Reality of ageing Harald Cox Prentice Hall Inc New Jersey.
9. Problems of the retired people in greater Bombay, K.G.Desai, TISS (series no 27).
10. Contemporary Social Problems in India: B.Ghosh, Himalaya Publications, Bombay.
11. Social Challenge of Ageing: D.Homban, Groom Helm, London.
12. Growing Old: Social Problems of Ageing; Elizabeth Johnson-Holt Rinehart & Winston, New York.
13. Social Adjustment of old age- Saraswati Mishra- B.R.Publications Corporation, Delhi.
14. Human Development: Lawrence B. Schiamberg Macmillan, New York.
15. Ageing in India: challenge for the society, M.L.Sharma & T.M.Dak Janta Publications, New Delhi.
16. Diet & Ageing: Exploring some facets: K.Bagchi & S.Puri- Society for Gerontological research,
17. Active ageing in the new millennium- A.Chaudhury, Anugraha Publications, Delhi.
18. Geriatric care in India- Geriatrics & Gerontology- A Text Book: O.P.Sharma- ANB Publishers.

**Course No: HSC. 525                      Advances in Family Studies (Theory elective)                      4CH**

**Unit-I:** Definition and changing patterns of Indian family, different approaches to family studies: Nature and importance of conceptual framework, Institutional framework, Structural functional framework, Developmental frame work, interactional framework.

**Unit-II:** Sociological viewpoint of family by Persons. , interdisciplinary approaches to family measurement,. Psychological approaches to assessment in family, The Psychiatric approach, Interactive approach, measurement of marital roles and relationship, Ethnographic approach, Demographic approach.

**Unit-III:** Current issues for research in Indian family, Fatherhood: Concept, Changing role of parents in parenting, Disorganized and reorganized families, marital distress, psychiatric disorder and family therapy, Alternate family patterns -single parent families, female headed households, dual career families, sibling families etc, Adoptive families.

**Unit-IV:** National policies and programmes for family welfare, Theoretical developments in marital and family therapy, schools for family therapy, structured, strategic, experimental family and integrated family therapy.

**Books Recommended:**

1. Bharat S. 1996. Family Measurement in India. Sage Publ.
2. Roger L. 2004. Family Therapy - A Constructive Framework. Sage Publ.
3. White JM & Klein DM. 2007. Family Theories. Sage Publ.

**Course No: HSC. 526                      Dissertation                      6CH**

Each student has to carry out the dissertation work immediately after registration in the Third Semester and submit the final dissertation containing Introduction, Literature review, objectives, Hypothesis, Methodology, Result & discussion, summary, conclusion, recommendation references etc for evaluation by one internal & one external examiner in the end of Fourth Semester. The candidate has to submit two copies and a soft copy of the final dissertation to the head of the department. The H.O.D will forward the dissertation to the examiner for evaluation. The valuation of dissertation shall be followed by an open Viva voce. In the final dissertation evaluation ( 6CH), 50% weight age shall be given to continuous evaluation during the dissertation work, 25% to the evaluation of content and rest 25% to seminar presentation & viva voce by the examiners.

**Course No: HSC. 527                      Seminar                      2CH**



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