PG 1ST YEAR SYALLABUS M.D./M.S.-AYURVEDA PRELIMINARY

PAPER-I

RESEARCH METHODOLOGY AND MEDICAL STATISTICS

PART-A
RESEARCH METHODOLOGY

1 **Introduction to Research**

A. Definition of the term research
B. Definition of the term anusandhan
C. Need of research in the field of Ayurveda

2 **General guidelines and steps in the research process**

A. Selection of the research problem
B. Literature review: different methods (including computer database) with their advantages and limitations
C. Defining research problem and formulation of hypothesis
D. Defining general and specific objectives
E. Research design: observational and interventional, descriptive and analytical, preclinical and clinical, qualitative and quantitative
F. Sample design
G. Collection of the data
H. Analysis of data.
I. Generalization and interpretation, evaluation and assessment of hypothesis.
J. Ethical aspects related to human and animal experimentation.
K. Information about Institutional Ethics Committee (IEC) and Animal Ethics Committee (AEC) and their functions. Procedure to obtain clearance from respective committees, including filling up of the consent forms and information sheets and publication ethics.

3 **Preparation of research proposals in different disciplines for submission to funding agencies taking EMR-AYUSH scheme as a model.**

4. **Scientific writing and publication skills.**

a. Familiarization with publication guidelines- Journal specific and CONSORT guidelines.
b. Different types of referencing and bibliography.
c. Thesis/Dissertation: contents and structure
d. Research articles structuring: Introduction, Methods, Results and Discussions (IMRAD)

5 **Classical Methods of Research.**

Concept of Pratyakshadi Pramana Pariksha, their types and application for Research in Ayurveda.
Dravya-, Guna-, Karma-Parikshana Paddhati
Aushadhi-yog Parikshana Paddhati
Swastha, Atura Pariksha Paddhati
Dashvidha Parikshya Bhava
Tadvidya sambhasha, vadmarga and tantrayukti

6 **Comparison between methods of research in Ayurveda (Pratigya, Hetu, Udaharana, Upanaya, Nigaman) and contemporary methods in health sciences.**

7. Different fields of Research in Ayurveda
Fundamental research on concepts of Ayurveda

a. Panchamahabhuta and tridosha.
b. Concepts of rasa, guna, virya, vipak, prabhav and karma
c. Concept of prakriti-saradi bhava, ojas, srotas, agni, aam and koshtha.

8. Literary Research-

Introduction to manuscriptology: Definition and scope. Collection, conservation, cataloguing. Data mining techniques, searching methods for new literature; search of new concepts in the available literature. Methods for searching internal and external evidences about authors, concepts and development of particular body of knowledge.
9. Drug Research (Laboratory-based)- Basic knowledge of the following:
Drug sources: plant, animal and mineral. Methods of drug identification.
Quality control and standardization aspects: Basic knowledge of Pharmacopoeial standards and parameters as set by Ayurvedic Pharmacopoeia of India.
Information on WHO guidelines for standardization of herbal preparations. Good Manufacturing Practices (GMP) and Good Laboratory Practices (GLP).
10. Safety aspects: Protocols for assessing acute, sub-acute and chronic toxicity studies. Familiarization with AYUSH guidelines (Rule 170), CDCSO and OECD guidelines.
11. Introduction to latest Trends in Drug Discovery and Drug Development
-Brief information on the traditional drug discovery process
-Brief information on the latest trends in the Drug Discovery process through employment of rational approach techniques; anti-sense approach, use of micro and macro-arrays, cell culture based assays, use of concepts of systems biology and network physiology
-Brief introduction to the process of Drug development
12. Clinical research:
Introduction to Clinical Research Methodology identifying the priority areas of Ayurveda
Basic knowledge of the following:-
Observational and Interventional studies
Descriptive & Analytical studies

Longitudinal & Cross sectional studies
Prospective & Retrospectives studies
Cohort studies
Randomized Controlled Trials (RCT) & their types
Single-case design, case control studies, ethnographic studies, black box design, cross-over design, factorial design.
Errors and bias in research.
New concepts in clinical trial- Adaptive clinical trials/ Good clinical practices (GCP)
Phases of Clinical studies: 0,1,2,3, and 4.

Survey studies -

Methodology, types, utility and analysis of Qualitative Research methods. Concepts of in-depth interview and Focus Group Discussion.

13. Pharmacovigilance for ASU drugs. Need, scope and aims & objectives. National Pharmacovigilance Programme for ASU drugs.

14. Introduction to bioinformatics, scope of bioinformatics, role of computers in biology. Introduction to Data base- Pub med, Medlar and Scopus. Accession of databases.

15. Intellectual Property Rights- Different aspect and steps in patenting. Information on Traditional Knowledge Digital Library (TKDL).

PART-B **40 marks**

MEDICAL STATISTICS **Teaching hours: 80**

1 **Definition of Statistics :** Concepts, relevance and general applications of Biostatistics in Ayurveda

2 **Collection, classification, presentation, analysis and interpretation of data** (Definition, utility and methods)

3 **Scales of Measurements** - nominal, ordinal, interval and ratio scales.
Types of variables – Continuous, discrete, dependent and independent variables.
Type of series – Simple, Continuous and Discrete

4 **Measures of Central tendency** – Mean, Median and Mode.

5 **Variability:** Types and measures of variability – Range, Quartile deviation, Percentile, Mean deviation and Standard deviation

6 **Probability**: Definitions, types and laws of probability,

7 **Normal distribution**: Concept and Properties, Sampling distribution, Standard Error, Confidence Interval and its application in interpretation of results and normal probability curve.

8 **Fundamentals of testing of hypotheses:**
Null and alternate hypotheses, type I and type 2 errors.
Tests of significance: Parametric and Non-Parametric tests, level of significance and power of the test, 'P' value and its interpretation, statistical significance and clinical significance

9 **Univariate analysis of categorical data:**
Confidence interval of incidence and prevalence, Odds ratio, relative risk and Risk difference, and their confidence intervals

10 **Parametric tests:** 'Z' test, Student's 't' test: paired and unpaired, 'F' test, Analysis of variance (ANOVA) test, repeated measures analysis of variance

11 **Non parametric methods:** Chi-square test, Fisher's exact test, McNemar's test, Wilcoxon test, Mann-Whitney U test, Kruskall – Wallis with relevant post hoc tests (Dunn)

12 **Correlation and regression analysis:**
Concept, properties, computation and applications of correlation, Simple linear correlation, Karl Pearson's correlation co-efficient, Spearman's rank correlation.
Regression- simple and multiple.

13 **Sampling and Sample size computation for Ayurvedic research:**
Population and sample. Advantages of sampling, Random (Probability) and non random (Non-probability) sampling. Merits of random sampling. Random sampling methods- simple random, stratified, systematic, cluster and multiphase sampling. Concept, logic and requirement of sample size computation, computation of sample size for comparing two means, two proportions, estimating mean and proportions.

14 **Vital statistics and Demography**: computation and applications - Rate, Ratio, Proportion, Mortality and fertility rates, Attack rate and hospital-related statistics

15 **Familiarization with the use of Statistical software** like SPSS/Graph Pad

PRACTICAL **100 marks**

I. RESEARCH METHODOLOGY **Teaching hours 120**

PRACTICAL NAME

1 **Pharmaceutical Chemistry**
Familiarization and demonstration of common lab instruments for carrying out analysis as per API

2 **Awareness of Chromatographic Techniques**
Demonstration or Video clips of following:

- Thin-layer chromatography (TLC).
- Column chromatography (CC).
- Flash chromatography (FC)
- High-performance thin-layer chromatography (HPTLC)
- High Performance (Pressure) Liquid Chromatography (HPLC)

11 **Non parametric methods:** Chi-square test, Fisher's exact test, McNemar's test, Wilcoxon test, Mann-Whitney U test, Kruskall – Wallis with relevant post hoc tests (Dunn)

12 **Correlation and regression analysis:**
Concept, properties, computation and applications of correlation, Simple linear correlation, Karl Pearson's correlation co-efficient, Spearman's rank correlation.
Regression- simple and multiple.

13 **Sampling and Sample size computation for Ayurvedic research:**
Population and sample. Advantages of sampling, Random (Probability) and non random (Non-probability) sampling. Merits of random sampling. Random sampling methods- simple random, stratified, systematic, cluster and multiphase sampling. Concept, logic and requirement of sample size computation, computation of sample size for comparing two means, two proportions, estimating mean and proportions.

14 **Vital statistics and Demography**: computation and applications - Rate, Ratio, Proportion, Mortality and fertility rates, Attack rate and hospital-related statistics

15 **Familiarization with the use of Statistical software** like SPSS/Graph Pad

PRACTICAL **100 marks**

I. RESEARCH METHODOLOGY **Teaching hours 120**

PRACTICAL NAME

1 **Pharmaceutical Chemistry**
Familiarization and demonstration of common lab instruments for carrying out analysis as per API

2 **Awareness of Chromatographic Techniques**
Demonstration or Video clips of following:

- Thin-layer chromatography (TLC).
- Column chromatography (CC).
- Flash chromatography (FC)
- High-performance thin-layer chromatography (HPTLC)
- High Performance (Pressure) Liquid Chromatography (HPLC)

REFERENCE BOOKS:-

Pharmacognosy:

1. Aushotosh Kar "Pharmacognosy & Pharmacobiotechnology" New Age International Publisher. Latest Edition. New Delhi.
2. Drug Survey by Mayaram Uniyal
3. Fahn A (1981). Plant Anatomy 3rd Edition Pergamon Press, Oxford
4. Kokate, CK., Purohit, AP, Gokhale, SB (2010). Pharmacognosy. Nirali Prakashan. Pune.
5. Kokate, CK., Khandelwal and Gokhale, SB (1996). Practical Pharmacognosy. Nirali Prakashan. Pune.
6. Trease G E and Evans W C, Pharinacognosy, Bailliere Tindall, Eastbourne, U K.
7. Tyler V C., Brady, L R., and Robers J E., Pharmacognosy, Lea and Febiger, Philadelphia.
8. Tyler VE Jr and Schwarting AE., Experimental Pharmacognosy, Burgess Pub. Co, Minneaplis, Minnesc
9. Wallis- TE (2011)- reprint. Practical Pharmacgonosy (Fourth Edition) Pharma Med Press, Hyderabad.
10. Wallis T E, Analytical Microscopy, J & A Churchill limited, London.
11. Wallis T E., Text Book of Pharmacognosy, J & A Churchill Limited, London.
12. WHO guidelines on good agricultural and collection practices- (GACP) for medicinal plants (2003).Wo Health Organization- Geneva.
13. WHO monographs on selected medicinal plants (1999)—Vol. 1. 1.Plants, Medicinal 2.Herbs 3.Traditio medicine. ISBN 92 4 154517 8. WHO Geneva.

Pharmaceutical chemistry, quality control and drug standardization:

1. Ayurvedic Pharmacopoeia of India. Part I- volume 1 to 8 and Part II- volume 1to 3. Ministry of Health and Fan Welfare. Controller of Publication. Govt of India. New Delhi.
2. Brain, KR and Turner, TD. (1975). The Practical Evaluation Phytopharmaceuticals. Wright Scienctechnica, Bri
3. Galen Wood Ewing (1985). Instrumental Methods of Chemical Analysis. McGraw-Hill College ; Fifth edition
4. Harborne, JB (1973). Phytochemistry Methods. Chapman and Hall, International Edition, London.
5. HPTLC- Fingerprint atlas of Ayurvedic Single Plant Drugs mentioned in Ayurvedic Pharmacopoeia Vol- III an IV. CENTRAL COUNCIL FOR RESEARCH IN AYURVEDA AND SIDDHA. New Delhi.
6. Kapoor, RC (2010). Some observations on the metal based preparations in Indian System of Medicine. Indian Journal of Traditional Knwoledge. 9(3): 562-575
7. Khopkar, S. M. Analytical Chemistry, New Age International Publishers , 3 rd edition
8. Laboratory Guide for- The Analysis of Ayurved and Siddha Formulations – CCRAS, New Delhi.
9. Mahadik KR, Bothara K G. Principles of Chromatography by, 1st edition, Nirali Prakashan.
10. Qadry JS and Qadry S Z., Text book of Inorganic Pharmaceutical and Medicinal Chemistry, B. S. Shah Prakash Ahmedabad.
11. Quality Control Methods for Medicinal Plant Material. Reprint (2002). WHO- Geneva.
12. Rangari V.D., Pharmacognosy & Phytochemistry, Vol I, II, Career Publication,
13. Sharma BK. Instrumental Methods of Chemical Analysis by, Goel Publishing House.
14. Srivastav VK and Shrivastav KK. Introduction to Chromatography (Theory and Practice)
15. Stahl E., Thin Layer Chromatography - A Laboratory Handbook, Springer Verlag, Berlin.
16. Sukhdev Swami Handa, Suman Preet Singh Khanuja, Gennaro Longo and Dev Dutt Rakesh (2008). Extraction

Technologies for Medicinal and Aromatic Plants -INTERNATIONAL CENTRE FOR SCIENCE AND HIGH TECHNOLOGY- Trieste,

Biochemistry and Laboratory techniques:

1. Asokan P. (2003) Analytical Biochemistry, China publications,
2. Campbell, P.N and A.D .Smith, Biochemistry Illustrated, 4th ed, Churchill Livingstone.
3. David Frifelder. W. H. Freeman. (1982). Physical Biochemistry by; 2 edition
4. David Sultan (2003).Text book of Radiology and Imaging, Vol-1, 7th Edition.
5. Deb, A.C., Fundamentals of Biochemistry, Books and Allied (P) Ltd, 2002.
6. Harold Varley. Practical Clinical Bio-chemistry
7. Kanai L.Mukherjee. Clinical Pathology:,Medical Laboratory Technology Vol. I.Tata McGrawHill 1996, New Delhi.
8. GradWohl, Clinical Laboratory-methods and diagnosis, Vol-I
9. Clinical Biochemistry -Sabitri Sanyal, Clinical Pathology, B.I.Churchill Livingstone (P) Ltd, New Delhi.2000.
10. Satyanarayanan,U. Essentials of Biochemistry, Books and allied(P) Ltd.2002
11. Zubay, G.L. Biochemistry, W.M.C. Brown Publishers, New York 1998.
12. Text book of Radiology and Imaging, Vol-1, David Sultan, 7th Edition. 2003.

Research methodology:

1. Alley, Michael. The craft of scientific writing. Englewood Cliffs. N.N. Prentice 1987.
2. Ayurvediya Anusandhan Paddhati – P.V. Sharma
3. Altick and Fenstermmaker. (2007).*The Art of Literary Research.* 4th ed. W. W. Norton. Castle, Gregory. *Black Guide to Literary Theory.* Blackwells,
4. Bowling, A. (2002). Research Methods in Health (2nd ed). Buckingham: Open University Press.
5. Day R.A. How to write a scientific paper. Cambridge University Press.
6. Cooray P.G. Guide to scientific and technical writing.
7. Deepika Chawla and Neena Sondhi. (2011). Research Methods- Concepts and cases. New Delhi: Vikas Publisl House.
8. Greenhalgh, T. (2006) How to Read a Paper: The Basics of Evidence-Based Medicine. (3rd ed) Blackwell
9. Kothari- CR (2004). Research Methodology- Methods and Techniques (Second Revised Edition). New Age International Publishers- New Delhi.
10. Kumar, R. 2005. *Research Methodology: a Step-by-Step Guide for Beginners, 2nd ed.* Thousand Oaks, CA, London: Sage Publications.
11. Petter Laake, Haakon Breien Benestad and Bjørn Reino Olsen. (2007). Research Methodology in the Medical a Biological sciences. Academic Press is an imprint of Elsevier, 84 Theobald's Road, London WC1X 8RR, UK. ISBN: 978-0-12-373874-5
12. Relevant portions of Ayurvedic Samhitas and other texts

Drug research and development:

1. RICK NG, (2009). DRUGS- from discovery to approval. John Wiley & Sons, Inc., Hoboken, New Jersey
2. Research guidelines for evaluating the safety and efficacy of herbal medicines. (1993). . WHO- (Regional Offi for the Western Pacific – Manila) ISBN 92 9061 110 3 (NLM Classification: WB 925).
3. Jagdeesh, Sreekant Murthy, Gupta, YK and Amitabh Prakash Eds. Biomedical Research (From Ideation to Publication) (2010). Wolters Kluwer/ Lippincott Williams and Wilkins.

4. WHO Guidelines on Safety Monitoring of herbal medicines in pharmacovigilance systems. (2004). WHO- Gen ISBN 92 4 1592214.
5. Natural products isolation. (2006) 2nd ed. / edited by Satyajit D. Sarker, Zahid Latif, Alexander I. Gray. (Met in biotechnology; 20). Includes bibliographical references and index. Humana Press Inc. ISBN 1-58829-447-1 (acid-free paper) – ISBN 1-59259-955-9 (eISBN)
6. Gazette Extraordinary Part- II-Section 3 - Sub section (i) December 2008. Govt of India. AYUSH Guidelines o safety studies- Rule 170 of Drugs and Cosmetics Act.
7. OECD (2000) Guidance Document on Acute Oral Toxicity. Environmental Health and Safety Monograph Seri Testing and Assessment No 24.
8. OECD Guideline for the Testing of Chemicals – Repeated Dose 90-day Oral Toxicity Study in Rodents, 408, 1998.http://browse.oecdbookshop.org/oecd/pdfs/free/9740801e.pdf (latest version)
9. OECD Series on Principles of Good Laboratory Practice (GLP) and Compliance Monitoring, 1998. http://www.oecd.org/document/63/0,2340,en_2649_34381_2346175_1_1_1_1,00.php
10. ICH Harmonised Tripartite Guideline (2000). Maintenance of the ICH Guideline on Non-clinical Safety Studie t he conduct of Human Clinical Trials for Pharmaceuticals M3 (R1).
11. Ghosh M.N.: Fundamentals of Experimental Pharmacology, *Scientific Book Agency.*
12. *Bombay.*\
12- Jaju B.P.: Pharmacological Practical Exercise Book, *Jaypee Brothers, New Delhi.*
13- Kulkarni S.K.: Hand Book of Experimental Pharmacology, *Vallabh Prakashan, New Delhi*
14- Ravindran R.: X-Pharm (Software), Indian Journal of Pharmacology, *JIPMER, Pondicherry.*

Biotechnology and Bio-informatics:

1. Angela M. Meireles A (2009). Extracting Bioactive compounds for food products. Theory and applications. Cl Press Taylor and Francis Group.
2. Bergeron BP 2002 Bioinformatics Computing 1st Edition, Prentice Hall
3. Chikhale, N.J. and Virendra Gomase, Bioinformatics- Theory and Practice, Publisher: Himalaya Publication H India; 1 edition (July, 2007) ISBN-13: 978-81-8318-831-9
4. Lesk, A.M. Introduction to Bioinformatics Oxford 2002.
5. Satyanarayana, U.: Biotechnology, Books and Allied (P) Ltd, Kolkata, 2005
6. Setubal J. C and J. Meidanis, Introduction to Computational Molecular Biology, PWS Publishing Company, 19
7. http://www.iitb.ac.in/~crnts.
8. http://www. zygogen.com.
9. http://www.dsir.nic.in/reports/tifp/database/metallo.pdf.
10. www.consort-statement.org
11. www.strobe-statement.org
12. www.icmr.nic.in

Clinical Evaluation:

1. CDSCO, Good Clinical Practices For Clinical Research in India, Schedule Y (Amended Version – 2005), http://cdsco.nic.in/html/GCP1.php
2. Ethical Guidelines for Biomedical Research on Human subjects. (2000). Indian Council of Medical Research- I Delhi.
3. Gallo P., Chuang-Stein C., Dragalin V., Gaydos B., Krams M., Pinheiro J.Adaptive Designs in Clinical Drug

Development—An Executive Summary of the PhRMA Working Group. *Journal of Biopharmaceutical Statisti* 16: 275–283; 2006
4. Good Clinical Practices- (2001). Guidelines for Clinical Trial on Pharmaceutical Products in India. Central Dru Standard Control Organization. Directorate General of Health Services. New Delhi. (http//WWW.cdsco.nic.in.ich.org)
5. Gupta, SK Ed. Basic Principles of Clinical Research and Methodology (2007). Jaypee Brothers- new Delhi
6. ICH Harmonised Tripartite Guidelines for Good Clinical Practices.(1997)- Quintles- Published by Brookwood Medical Publications. Richmond, Surrey. United Kingdom.
7. NCI. *Clinical Trials Education Series*. http://www.cancer.gov/clinicaltrials/ learning/clinical-trials-education-series, 2001.
8. Petter Laake, Haakon Breien Benestad and Bjørn Reino Olsen. (2007). Research Methodology in the Medical a Biological sciences. Academic Press is an imprint of Elsevier, 84 Theobald's Road, London WC1X 8RR, UK. ISBN: 978-0-12-373874-5
9. William C. Scheffer Introduction to Clinical Researchs

Medical Statistics:

1. Armitage, P. and Berry, G. (1994) Statistical Methods in Medical Research (3rd ed). Blackwell Science.
2. Armitage P, Berry G, Matthews JNS: *Statistical Methods in Medical Research*. Fourth edition. Oxford, Blackw Science Ltd; 2002
3. Bland, M. (2000) An Introduction to Medical Statistics (3rd ed). Oxford: Oxford University Press.
4. Bradford Hill – Basic Medical Statistics
5. Cambell, M.J. and Machin, D. (1993) Medical Statistics: A Common Sense Approach (2nd ed). Chester: Wiley
6. Dwivedi S. N., Sundaram K. R and V. Sreenivas (2009). Medical Statistics - Principles & Methods-BI Publicat Pvt. Ltd., New Delhi –1.
7. Gupta S.P. - Fundamentals of statistics, Sultan Chand. Delhi.
8. Indrayan. (2008). Basic Methods of Medical Research. AITBS Publishers- India
9. Mahajan B K, Methods in Bio statistics for medical students, 5th Ed. New Delhi, Jaypee Brothers Medical Publishers
10. Mehdi, B and Prakash A. (2010). Biostatistics in Pharmacology. Practical Manual in experimental and clinical pharmacology. 1st Edition. New-Delhi: Jaypee brothers Medical Publishers
11. Rao, NSN and Murthy, NS. (2008) 2nd Edition. Applied statistics in health sciences. Jaypee Brothers Medical Publishers (P) Ltd. Bengaluru, New Delhi.
12. Rick J Turner and Todd A Durham (2008). Introduction to Statistics in Pharmaceutical Clinical trails. Publishe the Pharmaceutical Press- An imprint of RPS Publishing,1 Lambeth High Street, London SE1 7JN, UK
13. Symalan, K. (2006). Statistics in Medicine (First Edition) Trivandrum: Global Education Bureau.
14. Sundar Rao, Jesudian Richard - An Introduction to Biostatistics.
15. Suhas Kumar Shetty- Medical statistics made easy

****

25/4/19

M.D.-AYURVEDA PRELIMINARY

1. AYURVED SAMHITA & SIDDHANTA (Ayurvedic Compendia & Basic Principles)

PAPER-II **THEORY- 100 marks**

Practical- Viva-Voce-100
50 marks

PART–A

1. Learning and Teaching methodology available in Samhita- Tantrayukti, Tantraguna, Tantradosha, Tachchilya, Vadamarga, Kalpana, Arthashraya, Trividha Gyanopaya, teaching of Pada, Paada, Shloka, Vakya, Vakyartha, meaning and scope of different Sthana and Chatushka of Brihatrayee.
2. Manuscriptology - Collection, conservation, cataloguing, Critical editing through collation, receion (A critical revision of a text incorporating the most plausible elements found in varying sources), emendation (changes for improvement) and textual criticism (critical analysis) of manuscripts. Publication of edited manuscripts.
3. Concept of Bija chatustaya (Purush, Vyadhi, Kriyakaal, Aushadha according to Sushrut Samhita).
4. Introduction and Application of Nyaya (Maxims) - Like Shilaputrak Nyaya, Kapinjaladhikaran Nyaya, Ghunakshara Nyaya, Gobalivarda Nyaya, Naprishtah Guravo Vadanti Nyaya, Shringagrahika Nyaya, Chhatrinc Gacchhanti Nyaya. Shatapatrabhedana Nyaya, Suchikatah Nyaya.
5. Importance and utility of Samhita in present era.
6. Importance of ethics and principles of ideal living as mentioned in Samhita in the present era in relation to life disorders.
7. Interpretation and co-relation of basic principles with contemporary sciences.

PART-B **50 marks**

1. Definition of Siddhanta, types and applied examples in Ayurveda.
2. Ayu and its components as described in Samhita.
3. Principles of Karana-Karyavada, its utility in advancement of research in Ayurveda.
4. Theory of Evolution of Universe (Srishti Utpatti), its process according to Ayurveda and Darshana.
5. Importance and utility of Triskandha (Hetu, Linga, Aushadh) and their need in teaching, research and clinical practice.
6. Applied aspects of various fundamental principles: Tridosha, Triguna, Purusha and Atmanirupana, Shatpadarth Ahara-Vihara. Scope and importance of Pariksha (Pramana).
7. Importance of knowledge of Sharir Prakriti and Manas Prakriti.
8. Comparative study of Principles of Ayurveda and Shad Darshanas.

1. **REFERENCE BOOKS:-**

1	Charak Samhita	Chakrapani commentary
2	Sushrut Samhita	Dalhana Commentary
3	Ashtanga Samgraha	Indu commentary
4	Ashtanga Hridaya	Arundutta and Hemadri commentary
5	Vaisheshika Darshan	Prashastapada Bhasya
6	Nyaya Darshan	Vatsyayan Bhasya Patanjala
7	Yoga Darshan	Vyas Bhasya
8	Vedantsara	
9	Sarvadarshan Samgraha	
10	Bhartiya Darshan	Baldev Upadhayaya
11	Ayurved Darshanam	Acharya Rajkumar Jain

1. AYURVED SAMHITA & SIDDHANTA

Theory- 400 marks(100 Each)
Practical and Viva-Voce - 100 marks

PAPER –I Charak Samhita

1. Charak Samhita complete with Ayurved Dipika commentary by Chakrapani.
2. Introductory information regarding all available commentaries on Charak Samhita

PAPER –II Sushrut Samhita & Ashtang-Hridayam

1. Sushrut Samhita Sutra sthana and Sharir- sthana. with Nibandha Samgraha commentary by Acharya Dalhana.
2. Ashtang-Hridayam Sutra Sthanamatram with Sarvanga Sundara commentary by Arun Dutt.
3. Introductory information regarding all available commentaries on Sushrut Samhita and Ashtang Hridaya.

PAPER – III Ayurvediya and Darshanika Siddhanta

Introduction and description of philosophical principles incorporated in Charak Samhita, Sushrut Samhita, Ashtanga Hridya, shtang Samgraha.

1. Analysis of principles specially loka-purusha samya, Shadpadartha, Praman, Srishti Utpatti, Panchmahabhuta,Pilupaka, Pitharpaka Karana- Karyavada, Tantrayukti, Nyayas (Maxims), Atmatatva siddhant.
2. Importance of Satkaryavad, Arambhavada, Parmanuvada Swabhavoparamvada, Swabhava Vada, Yadricha Vada, Karmvada.
3. Practical applicability principles of Samkhya- Yoga, Nyaya-Vaisheshika, Vedanta and Mimansa.

PAPER – IV Ayurved Itihas and Prayogika Siddhant.

1. Post independent Development of Ayurveda: Education, Research.
2. Globalisation of Ayurved.
3. Introduction of department of AYUSH, CCIM, CCRAS, RAV.
4. Tridosh Siddhant.
5. Panchabhautik Siddhant
6. Manastatva and its Chikitsa Siddhant.
7. Naishthiki Chikitsa.
8. Practical applicability principles of Charvak, Jain & Bauddha Darshana.
9. Journals, types of Journals review of Articles.

Practical- Viva-voce **- 100 Marks**

(50 case sheets are to be filled from samhita siddhant IPD / OPD

Reference Books

1. Charak Samhita with Chakrapani commentary.
2. Sushruta Samhita with Dalhana Commentary.
3. Ashtanga Samgraha with Sarvangsundara.
4. Ashtanga Hridaya with Sarvangasundara.
5. Vaisheshika Darshan – Prashastapada Bhasya
6. Nyaya Darshan - Vatsyayan Bhasya Patanjala
7. Yoga Darshan- Vyas Bhasya
8. Vedantsara
9. Sarvadarshan Samgraha
10. Bhartiya Darshan - Baldev Upadhayaya.
11. Ayurved Darshanam - Acharya Rajkumar Jain.
12. Ayurved Darshan Vimarsha- Dr O.P. Upadhyay.

13. Ayurvediy Jeevak Su -Dr O.P. Upadhyay.
14. Padartha Vidnyan - Dr O.P. Upadhyay.
15. Scientific Exploration of Ayurved – Dr. Sudhir Kumar.

2. AYURVEDA SAMHITA & SIDHANTA (Basic Principles)

Astanga Hridaya, Charaka (P,U), Padartha Vignana & Ayurveda Ithihasa, Sanskrit

1	Dr. B. P. Pandey	**Group leader**	
2	Dr. Mahesh Vyas	**Coordinator -**	**Coordinator -**
3	Dr. B. L. Gaur	Samhitha & Siddantha U.G. & P.G.	
4	Dr. O. P.Upadhyaya	Samhitha & Siddantha U.G. & P.G.	
5	Dr. H. P. Sharma	Samhitha & Siddantha U.G. & P.G.	
6	Dr.S.L.Sharma	Samhitha & Siddantha U.G. & P.G.	
7	Dr. R. D. Thakkur	Samhitha & Siddantha U.G. & P.G.	
8	Dr. Naresh Sharma	Samhitha & Siddantha U.G. & P.G.	
9	Dr. Yogita Jamadade	Samhitha & Siddantha U.G. & P.G.	
10	Dr. Abichal C.	Samhitha & Siddantha U.G. & P.G.	
11	Dr. Mohan Joshi	Samhitha & Siddantha U.G. & P.G.	
12	Dr. G. P. Rama Reddy	Padartha Vigyana & Ayurveda Ithihasa	**Coordinator -**
13	Dr. Brij Kumar Dwivedi	Padartha Vigyana & Ayurveda Ithihasa	
14	Dr. Milind Mokashi	Padartha Vigyana & Ayurveda Ithihasa	
15	Dr. Santhosh Nair	Padartha Vigyana & Ayurveda Ithihasa	
16	Dr. Ahalya Sharma	Padartha Vigyana & Ayurveda Ithihasa	
17	Dr. Suhag Rawal	Padartha Vigyana & Ayurveda Ithihasa	
18	Dr. G.R.R Chakravarthy	Padartha Vigyana & Ayurveda Ithihasa	
19	Dr. Nandani	Padartha Vigyana & Ayurveda Ithihasa	
20	Dr. Manoj Sharma	Padartha Vigyana & Ayurveda Ithihasa	
21	Dr. Mallika K. J.	Padartha Vigyana & Ayurveda Ithihasa	
22	Dr.Shubhangi K	Padartha Vigyana & Ayurveda Ithihasa	
23	Dr. Premchand Shastri	Sanskrit	**Coordinator**
24	Dr. Mohan Chand Bhat	Sanskrit	
25	P. V. Thothadrinathan	Sanskrit	
26	Dr. Nigam Sharma	Sanskrit	
27	Dr. Savitri G.S	Sanskrit	
28	Dr. B.K.Shyam Raw	Sanskrit	

****