# **M.Sc. in Food Science**

# **SYLLABUS (2022)**



# P.G. DEPARTMENT OF FOOD SCIENCE TECHNOLOGY AND NUTRITION SAMBALPUR UNIVERSITY JYOTI VIHAR BURLA

# Courses of Studies for the M. Sc Food Science (Under Course Credit Semester System)

I Semester			
Course No.	Title	Cr	edit Hour
FS. 411	Food Commodities	4	(Theory)
FS. 412	Biochemistry of Food	4	(Theory)
FS. 413	Food Microbiology	4	(Theory)
FS. 414	Basic Concepts of Nutrition	4	(Theory)
FS. 415	Practical -I	4	(Practical)
FS. 416	EVS & Disaster Management	2	(Compulsory)
	Total	22	
II Semester			
Course No.	Title	Cr	edit Hour
FS. 421	Food Ingredients	4	(Theory)
FS. 422	Techniques in Food Analysis	4	(Theory)
FS. 423	Food Quality Control	4	(Theory)
FS. 424	Food Processing and Preservation	4	(Theory)
FS. 425	Practical -II	4	(Practical)
FS. 426	IDC(Inter Disciplinary Course)	3	(Other Dept.)
	Total	23	
III Semester			
Course No.	Title	Cr	edit Hour
FS. 511	Postharvest Technology and Food Packaging	4	(Theory)
FS. 512	Research Methodology and Biostatistics	4	(Theory)
FS. 513	Industrial Food Biotechnology	4	(Theory)
FS. 514	Elective Paper (any one)	4	(Theory)
	a. Beverages, Bakery and Snacks Food Tech.		
	b. Dairy Technology		
	c. Food Engineering		
	d. Nutrition & Dietetics		
FS. 515	Practical-III	4	(Practical)
FS. 516	Entrepreneurship Development Programme	2	(Compulsory)
	Total	22	
IV Semester			
Course No.	Title	Cre	edit Hour
FS. 521	Entrepreneurship Development Proposal	4	
FS 522	Final Project Report	4	
FS. 523	Seminar	4	
FS. 524	Industrial Tour Report	4	
FS. 525	Comprehensive Viva-Voce	4	
	Total	20	
MOOC (ONLINE MODE)	ANY ONE PAPER (IN 2 <sup>ND</sup> OR 3 <sup>RD</sup> SEM)	3	
	TOTAL CREDITS:	90	

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## VISION:

Sambalpur University is committed to creating and sustaining a transformative educational environment for its students, staff and faculties in the fields of Liberal Arts, Sciences and Professional Studies so that they become globally competitive through competency in respective domain knowledge, research, innovation and entrepreneurship skills with heightened sense of meaningful community engagements and personal developments.

#### **MISSION:**

P.G Department of Food Science Technology & Nutrition of Sambalpur University, Burla strives to impart quality education to the students with enhancement of their skills to make them globally competitive through:

M1	Educate society for generations by providing transformative education with deep disciplinary knowledge and concern for environment
M2	Develop problem solving, leadership and communication skill in student participants to serve the organization of today and tomorrow
М3	Aim for the holistic development of the students by giving them value based ethical education with concern for society
M4	Foster entrepreneurial skills and mindset in the students by giving life-long learning to make the them responsible citizens

## **PROGRAM SPECIFIC OUTCOME (PSO):**

**PSOs:** At the end of the PG Food Science program, the student will be able to:

PSO1	To develop analytical skills in food industry and apply knowledge in the field of community	
	nutrition.	
PSO2	To solve complex problems and acquire analytical skills using latest techniques and tools to	
	find out the solution for food, environmental safety	
PSO3	To extend the knowledge on various food processing technologies by further research	
PSO4	To design project in formulation, standardization of new products and clinical supplementation	
	for starting Small Scale Industries (SSI) or Medium Scale Industries (MSI)	

## **PROGRAM OUTCOMES (POs):**

- Critical Thinking: Take informed actions after identifying the assumptions that frame our PO-1 thinking and actions Effective Communication: Will be able to speak, read, write and listen clearly in person and PO-2 through electronic media in English and in one Indian Language PO-3 Social Interaction (Interpersonal Relation): Elicit views of others, mediate disagreements and prepared to work in team PO-4 Entrepreneurship Capability: Demonstrate qualities to be prepared to become an entrepreneurship Ethics: Recognize different value systems including your own, understand the moral dimensions PO-5 and accept responsibility for them PO-6 Environment and Sustainability: Understand the issues of environmental contexts and sustainable development Life-Long Learning: Acquire the ability to engage in independent and life-long learning in the
- PO-7 Life-Long Learning: Acquire the ability to engage in independent and life-long learning in the context of socio-technological changes

# FIRST SEMESTER

Course Code: FS-	<mark>411 (4CH)</mark>	Course Name: FOOD COMMODITIES
Pre-requisite: Nor	1e	Co-requisite: FS-413
<b>Programme Educ</b>	ation Objectives	
PEO1	Understand the nature a <b>Food Science</b>	and basic concepts of <b>Food commodities</b> Relating to the <b>M.Sc. in</b>
PEO2	Analyse the relationshi	ps among different concepts
PEO3	Perform procedures as	laid down in the areas of study
PEO4	Apply the Basic Conce	pts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURES
1	Cereals: Structure of cereal grains, composition, processing and storage of some common cereals (Rice, Wheat, Maize, Oats), Green Revolution.	3
	Pulses and oilseeds: composition, nutritive value, processing and storage of some common pulses.	3
	Nuts & plantation crop: processing, nutritional value of some common nuts (Coconut, Ground nut, Almond, Cashew nut), tea, coffee and cocoa.	3
2	Fruits and Vegetables: Composition, nutritive value and classification	1
	Canning: Definition, processing steps, and equipment, cans and containers, quality assurance and defects in canned products.	2
	Preparation and preservation of juices, squashes, syrups, sherbets, nectars, cordials, etc; FSSAI specification Preparation, preservation by jam, jelly and marmalades and various problems with remedies.	3
	Preparation and preservation for manufacture of preserve, candies, concentrate, chutney, sauce, puree, paste, ketchup; toffee, cheese, leather, dehydrated, potato wafers and pickles, soup powders; FSSAI specification.	2
	Spices: Composition, flavoring compounds, processing, nutritive value, adulteration of some common spices of India.	2
3	Meat: classification and Muscle structure	1
	Chemical composition and physico-chemical properties of meat muscle, Abattoir design and layout, Pre-slaughter transport, care and ante-mortem inspection.	2
	Stunning types, Slaughtering of animals and poultry, post-mortem inspection and grading of meat, Factors affecting post-mortem changes, quality charecteristics of meat.	2
	Processing and preservation of meat- tenderization of meat, curing of meat- role of ingredients and types of curing, smoking of meat, different cooking methods and Restructured Meat- sausages, salami, Chicken wings, chunks (IQF)	2
	Egg structure: Composition, quality characteristics, processing and preservation of eggs.	2
	Fish: composition, classification, nutritive value and processing: surimi; Fish protein concentrates (FPC); Fish protein extracts (FPE), fish protein hydrolysates (FPH), Fish oils.	2
4	Milk and milk products: Operation Flood, composition, physico-chemical properties of milk and nutritional importance of milk, processing of milk.	2
	Dairy plant operations viz. receiving, separation, clarification, pasteurization, standardization, homogenization, sterilization, storage, transport and distribution of milk. Dairy plant sanitation and waste disposal.	3
	Classification and study of milk products (with specifications)- Cream, Butter, Ghee, condensed milk, Khoa, Milk powder, Chhanna, Paneer, Cheese, Ice-cream, Fermented milk products. Various defects in milk products.	5
	TOTAL LECTURES =	40

- CO-1 Remember and understand the basic concepts/Principles of Food commodities
- CO-2 Analyse the Various Concepts to understand them through case studies
- CO-3 Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

#### **TEXT BOOKS:**

1	Food Facts and Principles -N. ShakuntalaManay& M. Shadaksharaswamy, New Age International (P) Limited, New Delhi.
2	Food Science – B.Srilakshmi, New Age international (P) Limited, New Delhi.
3	Post harvest technology of cereals: pulses and oilseeds, Chakraverty A., Oxford & ibh publishing company, 1988
4	Fruit and Vegetable Preservation , Principles and Practices, Srivastava R.P. and Sanjeev Kumar, International Book Distributing Company, New Delhi 2005
5	Principles of Meat Technology, Singh V. P., New India Publishing Agency, Delhi
6	Outline of Dairy Technology, Sukumar De, Oxford University Press, 2008

#### **REFERENCE BOOKS:**

1	Handbook of Seed Science and Technology, Basra A., CRC Press, 2006
2	Handbook of Fruit and Vegetable Processing Sinha and Hui, John Wiley and Sons, 2010
3	Handbook of Meat, Poultry and Seafood Quality, Kerth Wiley Backwell, 2012
4	Technology of Milk Processing, Khan QA and Padmanabhan, ICAR, New Delhi
5	Food Science- N.Potter & J.H.Hotchkiss- CBS Publishers & Distributors, New Delhi.

Course Code: FS-412 (4CH)	Course Name: BIOCHEMISTRY OF FOODS
<mark>Pre-requisite: None</mark>	Co-requisite: None

- PEO1 Understand the nature and basic concepts of **Biochemistry of Foods** Relating to the **M.Sc. in Food** Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF LECTURES
1	Carbohydrates: classification and chemical structure of different carbohydrate; chemical properties.	2
	Nutritive roles of carbohydrate, important carbohydrates in food (glucose, sucrose, starch, agar, glycogen, cellulose, pectin, Gums and resins);	2
	Carbohydrates: digestion, absorption, metabolism (glycolysis, citric acid cycle, glycogenesis, Glycogenolysis, Gluconeogenesis, hexose monophosphate pathway),	5
	Blood sugar level and equilibrium.& effect of deficiency, Glycemic index based foods	1
2	Amino acids and its classification, Structure of different amino acids; Role of essential amino acids in body.	2
	Proteins: properties, classification and denaturation factors	2
	Structure of proteins (primary, secondary, tertiary, quaternary),	2
	Protein: Digestion, absorption, transportation and metabolism of Protein (Nitrogen balance, transamination & deamination of protein, urea cycle and biosynthesis of	3

	protein), Functional properties of protein & effect of deficiency.	
	Functional properties of protein & effect of deficiency.	1
3	Lipid: role of lipids in body, structure and classification, Importance of omega-3 and omega-6 fatty acids and their sources	2
	Physio-chemical properties of fats/oils: acid value, saponification value, iodine value, smoke point, flash point, fire point, specific gravity	1
	Enzymatic and chemical reactions of fats; Rancidity and its types, detection techniques chemical aspects of lipids(Baudouin test, Halphens test, hexabromide test)	1
	Lipids: Digestion, absorption and transport	2
	Metabolism of lipids- oxidation of fatty acids, fatty acid synthesis.	2
	Importance of lipo –protein in human body- metabolism of cholesterol, triacylglycerol and phospholipids- their role in health & diseases.	2
4	Water: physical properties, structure of water molecule, Role and types of water in Food, water activity and sorption isotherm.	1
	Importance of dietary fiber in body,	1
	Enzymes: properties, classification, kinetics and mechanism of enzyme inhibition, Enzymes in food industry: Carbohydrases (Amylases, cellulases, pectinases, vertases) Proteasase Lipases and oxidases in food processing	5
	Terpenoids and alkaloids: Definition, Classification, Structure, Biosynthesis, Properties, Extraction, Biological Role,	2
	Naturally occurring phenolic compounds: Definition, Classification, Structure, Biosynthesis, Properties and Biological Role.	1
	TOTAL LECTURES =	40

CO-1	Remember and understand the basic concepts/Principles of <b>Biochemistry of Foods</b>	
CO-2	Analyse the Various Concepts to understand them through case studies	
CO-3	Apply the knowledge in understanding practical problems	
CO-4	Execute/create the Project or field assignment as per the knowledge gained in the	
	course	

# **TEXT BOOKS:**

1	Fennema, O.R. Ed. 1976. Principles of Food Science: Part-I Food Chemistry. Marcel Dekker, New York.
2	Meyer, L.H. 1973. Food Chemistry. East-West Press Pvt. Ltd., New Delhi.
3	Belitz HD.1999. Food Chemistry. Springer, Verlag
4	Lehninger Principles of Biochemistry, David L. Nelson and Michael M. Cox, 6th Ed. Macmillan Learning, NY, USA. 2012

REFERENCE BOOKS:			
1	Swaminathan M. 1974. Essentials of Foods and Nutrition. Vol. II. Ganesh& Co.		
2	J.L.JAIN, Fundamentals of Biochemistry. S. Chand publication		
3	Satyanarayan and Chakrapani, Biochemistry, 5 <sup>th</sup> edition., Elsevier, 2013		

Course Code: FS-413	Course Name: FOOD MICROBIOLOGY
Pre-requisite: None	Co-requisite: None

## **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Food Microbiology Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF LECTURES
1	Introduction to food Microbiology: Growth and survival of microorganisms in foods (Yeast, Mould, Bacteria)	2
	Factors affecting growth of microorganism: Intrinsic, Extrinsic; Physical and chemical methods to control microorganisms,	3
	Biochemical changes caused by microorganisms; microbes in food fermentation, putrefaction, lipolysis; Antagonism and synergism in microorganism;	2
2	Contamination, General principles of spoilage, Preservation and Spoilage of different kind of foods-cereal,	2
	Preservation and Spoilage of different kind of Pulses,.	2
	Preservation and Spoilage of different kind of Fruit and Vegetable,	2
	Preservation and Spoilage of Meat, fish egg, poultry and their processed products	2
	Preservation and Spoilage of milk and different milk products	2
	Preservation and Spoilage of Canned foods and Beverages	2
3	Food toxicology & food borne illness: Food hazards- microbiological, nutritional, environmental, natural toxicants, pesticides, food additives, preservatives food borne illness: (Clostridium, botulinum, Escherichia coli, Brucella, Bacillus, Salmonella, Staphylococcus) Non bacterial agent & food borne illness, (Helminths & Nematodes, protozoa, toxic algae, fungi & food borne viruses	5
	Method for microbial examination of food: indicator organisms, direct examination, cultural techniques, Rapid methods in detection of microorganisms.	3
4.	Microbial Food hygiene and sanitation: Contamination during handling, processing and its control	3
	Food fermentation products and beneficial microbes: Youghurt, Cheese, Saurkraut, Tofu etc	5
	Characteristics feature of LAB, General fermentation idea, General concept of Prebiotics, probiotics and symbiotic anti-biotics; bacteriocins from lactic acid bacteria-production and application in food preservation	5
	TOTAL LECTURES =	40

## **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Food Microbiology
- CO-2 Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems

CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

## **TEXT BOOKS:**

1	Frazier W C . Food Microbiology, McGraw Hill
2	Modern Food Microbiology. James M Jay, Martin J Lossner, David A Golden
3	Food Microbiology Adams M R & Moss. The Royal Society of Chemistry, Cambridge.

#### **REFERENCE BOOKS:**

Modern Industrial Microbiology & Biotechnology by N. Okafor. 1st edition. CRC Press, USA. 2007.

2 Industrial Microbiology Samuel C Presscott

Course Code: FS-414 (4CH)	Course Name: BASIC CONCEPTS OF NUTRITION
Pre-requisite: None	Co-requisite: FS-412

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of **Basic Concepts of Nutrition** Relating to the **M.Sc. in** Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURES
1	Food as a source of nutrients: classification of nutrients; functions, recommended dietary allowances (RDA), Nutrition and Life style-BMR, SDA.	1
	Vitamins: (A, B complex, C, D, E & K) – functions, types, metabolism, sources, deficiency disease and RDA	6
	Major and minor mineral elements with their role in body- Ca, P, Mg, Fe, I, u, Zn, F, Chr and Se.	5
	Importance of Roughages in the diet.	1
	Water & electrolytes balance.	1
2	Nutritional Needs: Nutrition during infancy – Physiological changes, nutritional requirements, food requirements as per RDA, Human milk composition, weaning foods	2
	Nutritional Needs: Nutrition during pre-school children, – Physiological changes, nutritional requirements, food requirements as per RDA,	2
	Nutritional Needs: Nutrition during school children – Physiological changes, nutritional requirements, food requirements as per RDA,	2
	Nutritional Needs: Nutrition during adolescence – Physiological changes, nutritional requirements, food requirements as per RDA,	2
	Nutrition and infection, nutrition and immunity, nutrition & stress.	1
3	Nutritional Needs: Nutrition during young adults - Physiological changes, nutritional requirements, food requirements as per RDA.	2
	Nutritional Needs: Nutrition during pregnancy - Physiological changes, nutritional requirements, food requirements as per RDA, problems in breast feeding.	2
	Nutritional Needs: Nutrition during lactation - Physiological changes, nutritional requirements, food requirements as per RDA.	2
	Nutritional Needs: Nutrition during old age- Physiological changes, nutritional requirements, food requirements as per RDA.	2
	Nutritional Needs: Nutrition in athletes/sports persons- Physiological changes, nutritional requirements, food requirements as per RDA.	
4	Nutritional Assessment: Assessment of nutritional status by direct & indirect methods,	1
	Anthropometric assessment, clinical examination, bio-physical or radiological measurement, functional assessment,	3
	Laboratory & biochemical assessment, dietary assessment, vital health statistics.	1
	Nutritional problems: Protein energy malnutrition- biochemical and metabolic changes,	2
	National nutrition policy and programmes, Role of National and International agencies in combating malnutrition	2
	TOTAL LECTURES =	40

## **Course Outcomes**

- **CO-1** Remember and understand the basic concepts/Principles of **Basic Concepts of Nutrition**
- CO-2 Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

ТE	TEXT BOOKS:			
1	Dietetics – B.Srilakshmi; New age International (P) Limited, New Delhi.			
2	Nutrition Science – B.Srilakshmi; New age International (P) Limited, New Delhi.			
3	Human Nutrition and Dietetics – Davidson, Passmore, East wood, English Language Book Society (ELBS).			
4	Text Book of Human Nutrition – Mahtab. S. Bamji; N.Pralhadrao&Vinodini Reddy, Oxford & IBH Publishing Co. Pvt.Ltd			

#### **REFERENCE BOOKS:**

1	Swaminathan M. 1974. Essentials of Foods and Nutrition. Vol. II. Ganesh& Co.
2	Principles of Nutrition – Fisher and Fuqua, wiley eastern Private Limited, New Delhi.
3	Nutrient Requirements and Recommended Dietary Allowances for Indians – Indian Council of Medical Research, National Institute of Nutrition, Hyderabad.
4	ABC of Nutrition (4thedition), Stewart Truswell, BMJ Publishing Group, 2003

#### Course No: FS. 415 Practical-I

4CH

#### **Programme Education Objectives**

PEO1	Understand the nature and basic concepts of <b>Practical –I</b> Relating to the <b>M.Sc. in Food Science</b>
PEO2	Analyse the relationships among different concepts
PEO3	Perform procedures as laid down in the areas of study
PEO4	Apply the Basic Concepts learned to execute them

## **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Practical-I
- CO-2 Analyse the Various Concepts to understand them through case studies
- CO-3 Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

Course No: FS. 416	EVS and Disaster Management	<b>2CH</b>
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#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of EVS and Disaster Management Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- PEO4 Apply the Basic Concepts learned to execute them

## **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of EVS and Disaster Management
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

## SECOND SEMESTER

Course Code: FS-421 (4CH)	Course Name: FOOD INGREDIENTS
Pre-requisite: FS-411	Co-requisite: None

- PEO1 Understand the nature and basic concepts of Food Ingredients Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURE
1	Departies of foods: Dhysical properties of solid and liquid foods(solutions, yapor	<u> </u>
L	properties of foods. Physical properties of solid and inquid foods(solutions, vapor pressure boiling point freezing point osmotic pressure viscosity surface and	2
	interfacial tensions specific gravity)	
	Textural properties. Thermal properties, optical properties, electrical properties, flow	3
	properties, Visco-elastic properties	· ·
	Dispersion systems in of foods-Sol, Gel, Foam, Emulsion; Rheology of diphase	3
	systems.	2
	cooking.	2
2	Food pigments and colors: Some common pigments used in food industry (chlorophylls,	4
	colors and other colourants)- structure and stability;	
	Flavors: types of flavor, flavor compounds, extraction principles of flavor, flavor	2
	potentiator / enhancers.	
	Sensation- smell sensation and sensation of taste.	1
	Sensation - texture sensation, visual appearance	2
	Sensation by trigeminal nerve, sensory thresholds	1
3	Food additives: definition, need and classification of food additives, Food Additives generally recognized as safe (GRAS);	1
	Preservatives-Natural and Artificial	2
	Antioxidants and pH control agents in food	1
	Chelating agents, coloring agents, curing agents,	1
	Nutritional supplements, Artificial and non-nutritive sweeteners,	2
	Leavening agents, firming agent, clarifying agent, flour bleaching and maturing agents,	2
	Stabilizer and thickeners, humectants, anti-caking agents, anti-foaming agents,	1
	packaging gases	
	Fat mimetics and replacers	1
4	Nutraceuticals and phytochemicals: definition, Classification. Dietary supplements,	2
	Functional foods- their legislation and health claims, Natural occurrence of certain	
	photo-chemicals. Antioxidants and flavonoids: omega - 3 fatty acids, carotenoids,	
	dietary fiber, phytoestrogens.	
	Neutraceuticals for effective control of disease or health benefit with adequate safety.	4
	Role of neutraceuticals against- skin health/ageing, bone health, eye health, mental	
	health, cardiovascular health, cancer prevention etc	
	Safety, adverse effect and interactions of neutraceuticals, Foodomics- Proteiomics,	4
	Genomics, Metabolomics and Nutrigenomics, Role of gene in Diet Therapy. Nutrients	
	as immunomodulators.	40
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- **CO-1** Remember and understand the basic concepts/Principles of **Food Ingredients**
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

#### TEXT BOOKS:

- 1 Physical properties of foods, Ignacio Arana, CRC Press, Tailor and Francis Group, 2012
- 2 Food Biochemistry and Food Processing, Benjamin K. S., Wiley-Blackwell, London, 1983
- 3 Fennema, O.R. Ed. 1976. Principles of Food Science: Part-I Food Chemistry. Marcel Dekker, New York.
- 4 Functional foods and Neutraceuticals, Egbuna C. & Tupas G.D., Springer, 2020

#### **REFERENCE BOOKS:**

- 1 Food Chemistry, David Newton, Facts on File, Inc. New York, 2004
- 2 Belitz HD.1999. Food Chemistry. Springer, Verlag
- 3 Handbook of Nutraceuticals and Functional foods, 3<sup>rd</sup> ED, CRC Press, Tailor and Francis Group,

Course Code: FS-422 (4CH)	Course Name: TECHNIQUES IN FOOD ANALYSIS
Pre-requisite: FS-412	Co-requisite: None

- PEO1 Understand the nature and basic concepts of Techniques in Food Analysis Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURES
1	Nature and Concept of Food analysis, Basic instrumentation: Principle for pH meter,	2
	Dialysis	
	Filtration and types, ultra filtration, Reverse osmosis	2
	Centrifugation: Principle, Theory (RCF, Sedimentation coefficient) and types of Rotors, Ultracentrifugation	2
	Calorimetry: Bomb calorimeter, Densimetry	1
	Refractometry	1
	Viscometers used in food industry.	1
2	Spectroscopic analysis of food components, Principle, instrumentation & application of Colorimetric (Hunter Lab colorimeter/ Munsell colorimeter/CIE-colour system).	2
	Principle, instrumentation & application of UV-Vis spectrophotometer & Spectro- flurometer,	2
	Principle, instrumentation & application of IR & Atomic Absorption Spectroscopy	2
	Principle, instrumentation & application of Mass spectroscopy	2
	Principle, instrumentation & application of NMR and ESR.	2
3	Chromatography: Theory & Principle, chromatographic parameter (partition	3
	coefficient, capacity factor, retention & dead time, Resolution& their	
	calculation), components of chromatography & types (paper, thin layer, partition)	
	Advance chromatography: GC, HPLC, HPTLC (principle, instrumentation	4
	&application). Separation technique & analysis	
	Electrophoresis: Paper & gel electrophoresis, PAGE, iso-electric focusing, 2D electrophoresis, Immuno electrophoresis.	3

4	Isotopic & immune techniques: Principle & theory of isotopic method, types,	2
	measurement	
	Detection of radioactivity, RIA, Autoradigraphy	3
	Immuno-techniques, Principle, antigen-antibody interaction, enzymatic immune assay- ELISA and its types.	3
	Different immuno techniques of antigen detection in food sample.	2
	TOTAL LECTURES =	40

- **CO-1** Remember and understand the basic concepts/Principles of Techniques In Food Analysis
- CO-2 Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

## TEXT BOOKS:

1	-	Food Analysis -Theory and Practice, Pomrenz Y & Meloan CE, 3rd Ed. CBS. 1996
2	2	Food Analysis, S. Suzanne Nielsen, 3rd Ed. Kluwer Academic, New York, USA., 2003
(7)	3	Wilson and Walker <sup>**</sup> 's Principles and Techniques of Biochemistry and molecular Biology, 8 <sup>th</sup> edition, Hoffmann A. & Clokie S., Cambridge University Press, 2018

4 Handbook of Food Analysis Instruments, Semih Ötles, CRC Press, Boca Raton, FL, USA. 2009.

#### **REFERENCE BOOKS:**

1	Instrumental Methods of Food Analysis, Macleod AJ, Elek Sci. Marcel Dekker. 1973
2	Modern Techniques for Food Authentication, Da-Wen Sun, Elsevier Inc., Burlington, MA, USA. 2008
3	An Introduction to Practical Biochemistry, Plummer, D.T. 1971Mc-Graw Hill Pub.Co., New York,

Course Code: FS-423 (4CH)	Course Name: FOOD QUALITY CONTROL
<mark>Pre-requisite: None</mark>	Co-requisite: None

- PEO1 Understand the nature and basic concepts of Food Quality Control Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURES
1	Concept of quality: quality attributes: physical, chemical, nutritional and microbial evaluation.	2
	Objective evaluation: Tests used for objective evaluation, application and limit, Instruments used for quality assessment-color & gloss, size & shape, defects, texture, Viscosity & consistency	5
	Sensory evaluation: Sensory characteristics of food, sensory requirements, Types of sensory evaluation	2
2	Food adulteration and food toxins: common adulterant in food (milk and milk products, edible oils, cereals & pulses, prepared foods, spices, beverages); simple screening, control of food adulteration	2
	Food Toxins: Terms in toxicology; Safety evaluation using traditional and modern approach;	2
	Natural anti-nutritional factors, toxic phytochemicals, microbial toxins, toxins from fungi,	2
	Contaminations during handling and processing(PAHs), contaminants from industrial wastes, pesticide residues	2
	Toxicity of heavy metals and chemicals in food and their permissible limits,	2

	Food allergens.	1
3	Quality assurance, Quality Control, Total Quality Management;	1
	GMP, GHP;	2
	GLP, GAP;	1
	Sanitary and hygienic practices;	1
	physical, chemical and biological hazards in foods,	1
	HACCP- Principles of HACCP, application of HACCP system, implementation steps for	2
	HAACP system ;	
	HACCP-systems for food safety,	1
	Quality manuals, documentation and audits.	1
4	Food laws and regulation: Mandatory and voluntary food laws,	1
	International quality systems and standards like ISO (9000 & 22000) series, Codex, BRC;	3
	Indian Food acts-Food Safety and Standards Act, 2006, FSS Regulations: Regulations on	3
	Licensing and Registration, Regulations on Contaminants, toxins and residues, Food	
	product standards, food additives, Laboratory and sampling analysis; Packaging and	
	Labelling; Prohibition and Restrictionon sales.	
	Various food acts- Environment (Protection) Act, 1986, Standards of Weights and	3
	Measures Act, 1976, Essential Commodities Act, 1955, The Export (Quality Control and	
	Inspection) Act, 1963, The Insecticides Act, 1968, Consumer Protection Act, 1986.	
	Introduction to various food laws (Voluntary) -Agmark Standards (AGMARK), BIS	
	Standards and Specifications.	
	TOTAL LECTURES =	40

- CO-1 Remember and understand the basic concepts/Principles of Food Quality Control
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

#### **TEXT BOOKS:**

1	Fundamentals of Quality Control for Food Industry, Krammer and Twigg, Avi Publishing Company, 1966
2	Handbook of Food Toxicology, S.S Deshpande, Marcel Dekker, 2002

- 3 Food Quality Assurance Principles and Practices, Inteaz Alli, CRC Press Boca Raton
- 4 Food Hygiene and Sanitation, Roday S. McGraw Hill Education, 2011
- 5 An Introduction to Food Science Technology and Quality Management, Bhatt D.K. & Tomar P., Kalyani publishers.

#### **REFERENCE BOOKS:**

1	Sensory Evaluation Techniques, Civillie and Carr, CRC Press, 2015
2	Food Industry Quality Control Systesm, Clute M., CRC Press, 2008
3	Food Safety Management and ISO 22000 –Food Industry Briefing, Early Ralph, Food Industry Briefing Publication
4	Food Safety and Standards Act, Rules & Regulations., Vidhi Jain & Akalank Kumar Jain

Course Code: FS-424 (4CH)	Course Name: FOOD PROCESSING AND PRESERVATION	
<mark>Pre-requisite: None</mark>	Co-requisite: None	

- PEO1 Understand the nature and basic concepts of Food Processing And Preservation Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
1	Basic concept of food processing and preservation: Reason of food Spoilage and Scope of food processing preservation; principles of food processing and preservation	2
	Principle and preservation by low temperature: (refrigeration, freezing, and dehydro freezing; cold storage, frozen food), changes during freezing-physical and chemical changes	2
	Processing and preservation by drying: factors affecting drying rate, types of dryer – (kiln, tray, drum, spray, tunnel, fluidized bed drying),	3
	Types of drying technique (freeze drying, vaccum drying)	3
2	Processing and preservation by heat: (blanching, pasteurization, sterilization, UHT processing, heating, smoking, pickling, canning)	3
	Microwave cooking-(principle, changes during microwave cooking, advantages), difference between microwave and conventional heating	2
	Concentration and evaporation-(flash evaporator, falling film evaporator and multiple effect evaporators), changes during Concentration	2
	Ohmic heating	2
3	Irradiation	1
	High pressure processing	2
	Pulsed electric field	1
	Ultrasonic processing: Properties of ultrasonic, application of ultrasonic as processing techniques	2
	IR heating	1
	Hurdle technology: concept of hurdle technology and its application	2
4.	Food processing equipments: material handling, cleaning and grading, conveyors, size reduction	4
	Separation Technique: filtration (MF, UF, NF, RO), agitation and mixing.	2
	Baking, Frying	2
	Extrusion Technology-(principle, types of extruders).	2
	TOTAL LECTURES =	40

- CO-1 Remember and understand the basic concepts/Principles of Food Processing And Preservation
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

#### **TEXT BOOKS:**

- 1 Fellows PJ. 2005. *Food Processing Technology: Principle and Practice*. 4<sup>th</sup>Ed. CRC.
- 2 Potter NN & Hotchkiss 1997. *Food Science*. 5th Ed. CBS
- 3 Sahay KM & Singh KK. 1994. Unit Operation of Agricultural Processing. Vikas Publ. House.

#### **REFERENCE BOOKS:**

 Ramaswamy H &Marcotte M. 2006. *Food Processing: Principles andApplications*. Taylor & Francis
 Wills, R.B.H., McGlasson, W.B., graham, D., Lee, T.H. and Hall, E.G. 1989. Postharvest: An Introduction to the Physiology

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Practical -II Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

#### **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Practical-II
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

COURSE NO: FS. 426 Inter Disciplinary Course

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Inter Disciplinary Course Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

#### **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Inter Disciplinary Course
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

#### THIRD SEMESTER

Course Code: FS-511 (4CH)	Course Name: PHT & FOOD PACKAGING
<mark>Pre-requisite: None</mark>	Co-requisite: None

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Post-Harvest Technology & Food Packaging Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURES
1	Post-harvest Technology: Importance, principles & scope of post-harvest treatments, value-addition, and traceability	1
	Post harvest technology for cereals (cleaning, grading, milling), Hydrothermal treatment & conditioning of grains. Modern paddy Crop drying methods/systems and Crop dryers-selection.and parboiling-systems, equipments.	3
	Wheat and corn milling process	3
	Post harvest technology for legumes (cleaning, grading, milling)	1
	Post harvest technology for oilseeds (cleaning, grading, milling), Oil extraction	2

4CH

	methods.	
2	Post-harvest of fruits & Vegetables: physiological and biochemical changes in fruits	1
	and vegetables;	
	Ripening of climacteric and non-climacteric fruits, Artificial ripening process.	2
	Physiological post harvest disorders - chilling injury and disease;	2
	Prevention of post harvest diseases and infestation;	1
	Handling and packaging of fruits and vegetables; factors affecting post harvest losses; Standards and specifications for fresh fruits and vegetable.	1
3	Packaging Fresh and Processed Food: Packaging requirement for different foods and processing methods,	1
	Various Packaging Types (paper, glass, metal container)	4
	Plastic Fabrication varieties, and trends; protective packaging of foods;	3
	Packaging of food products sensitive to oxygen, light, moisture; special problems in	1
	canned foods.	
	Permeability – theoretical consideration permeability of gases and vapours,	1
	permeability of multilayer packages, permeability in relation to products.	
4	Food packaging: Packaging material, packaging system and methods- vacuum packaging, gas flush packaging, Packages of radiation stabilized foods, microwave packaging	1
	Aseptic packaging, modified atmosphere packaging (MAP), controlled atmosphere packaging (CAP),	3
	Active packaging ,Intelligent packaging	3
	Food Labelling and barcode technology	1
	Bio-degradable packages, aseptic and edible package, Recyclability of packaging	1
	Industrial	Λ
	packaging of convenience foods, packaging of food products-fruits and vegetables;	4
	spices meet & poultry fish seafood: criteria for selection of proper packaging based	
	on the shelf life desired diary product beverages cake and snacks food	
	TOTAL LECTURES =	40
		••

- CO-1 Remember and understand the basic concepts/Principles of Post-Harvest Technology & Food Packaging
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

#### **TEXT BOOKS:**

1	Unit operations of Agricultural Processing, Sahay and Singh, Viraj publishing House Pvt. Ltd.
2	Thompson AK. 1995. Post Harvest Technology of Fruits and Vegetables. Blackwell Sci.
3	Robertson, G.L. Food Packaging: Principles and Practice (2nd ed.), Taylor & Francis 2006
4	Han, J.H. (Ed.) Innovations in Food Packaging, Elsevier Academic Press, 2005

## **REFERENCE BOOKS:**

1	Lal G, Siddapa GS & Tandon GL.1986. Preservation of Fruits and Vegetables. ICAR.
2	Verma LR. & Joshi VK. 2000. Post Harvest Technology of Fruits and Vegetables. Indus Publ.
3	Ahvenainen, R., Novel Food Packaging Techniques, CRC Press, 2003
4	Food Packaging Technology Handbook. NIIR Board, National Institute of Industrial Research, 2003
5	Coles, R., McDowell, D. and Kirwan, M.J. (Eds.) Food Packaging Technology, CRC Press, 2003

Course Code: FS-512 (4	<mark>CH)</mark>	Course Name: RESE	ARCH METHODOLOGY AND BIOSTATISTICS
Pre-requisite: None		Co-requisite: None	

- **PEO1** Understand the nature and basic concepts of **Research Methodology And Biostatistics** Relating to the **M.Sc. in Food Science**
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURES
1	Research Methodology: Meaning, aim & objective of research, significance of	3
	research, Research types, Research methods vs methodology, Different types of	
	research design. Different Steps in Writing Report, Technique of Interpretation,	
	Precaution in interpretation, Significance of Report Writing, Layout of the Research	
	Report.	
	Fundamentals of statistics: Research process, Population, Variables, Primary and	2
	secondary data, Collection of data, Classification and tabulation of data, Need and	
	usefulness of Diagrams & Graphs, Different types of diagrams and graphs (Bar	
	charts, Histograms, Frequency polygons, one way scatter plots, Box plots, two way scatter plots, line graphs)	
	Frequency distribution: Discrete and continuous frequency distribution, population	2
	& sample, Sample Size and its Determination	
	Sampling Designs: Census and Sample Survey, Implications of a Sample Design,	2
	Steps in Sampling Design, Criteria of Selecting a Sampling Procedure,	
	Characteristics of a Good Sample Design, Different Types of Sample Designs,	
	sampling errors.	
2	Descriptive statistics: Measure of central tendency: (Arithmetic mean, harmonic	2
	mean, geometric mean, median, mode), relation between mean, median and mode;	
	Measure of dispersion: Range, Mean deviation & Standard deviation;	4
	Skewness and Kurtosis,	2
	Probability.	2
3	Testing of Hypotheses: Definition, Basic Concepts, Procedure for Hypothesis	3
	Testing, Measuring the Power of a Hypothesis Test, Normal distribution, data	
	transformation, Null and Alternative Hypothesis, level of significance.	
	Chi-square Test: Chi-square as a Non-parametric Test, Conditions for the	2
	Application Chi-square test, Steps Involved in Applying Chi-square Test	
	Student,,t" distribution and its application, ,,f" test and its application,	2
	Analysis of Variance and Covariance: Analysis of Variance (ANOVA): Concept and	4
	technique of One-way ANOVA, Concept of Two-way ANOVA & Analysis of Co-	
	variance (ANOCOVA)	
4	Measures of Relationship: Need and meaning, Correlation and Simple Regression	4
	Analysis, Types of correlation; simple, partial and multiple correlation, Method of	
	study & testing the significance of correlation coefficient.	
	Regression analysis: regression equations and regression lines, Properties of	4
	regression lines, regression coefficient, testing the significance of regression	
	coefficient.	
	Concept of cluster Analysis and Principal component Analysis.	2
	Computer Application: Use of Computer in data analysis and research, Use of	10
	Software and Statistical package. Introduction to SPSS. Importing data from excel,	
	access, entering data, labeling a variable, coding and recoding a categorical and	
	continuous variable. Converting data from string to numeric variables, sorting &	
	tiltering, merging, appending data sets.	40
1	TUTAL LECTURES =	40

- CO-1 Remember and understand the basic concepts/Principles of Research Methodology And Biostatistics
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

## **TEXT BOOKS:**

- 1 Zar, Jerrold H.(1998). Biostatistical Analysis, Pretice Hal, NJ
- 2 Statistics for Management, Levin and Rubin, Owls Books, Toledo, USA
- 3 Business Mathematics and Statistics, N.K.Nag & S.K.Nag, Kalyani publishers.
- 4 Handbook on Data Envelopment Analysis, Cooper, Seiford, Lawrence & Zhu, Springer

#### **REFERENCE BOOKS:**

Statistical Methods – S.P.Gupta, Sultan Chand & Sons Publisher- New Delhi
 Research Methodology, Methods and Techniques – C.R. Kothari Wiley Eastern Limited – New Delhi

Course Code: FS-513	(	Course Name: INDUSTRIAL FOOD BIOTECHNOLOGY
Pre-requisite: FS-413	(	Co-requisite: None

- PEO1 Understand the nature and basic concepts of Industrial Food Biotechnology Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS	NO. OF
		LECTURES
1	Definition, Scope, and Application of Biotechnology - Application in Food Industries,	1
	Basic tools of r-DNA technology: Restriction endonuclease and DNA ligase, Cloning:-	4
	cloning vectors, cloning of foreign DNA, screening of recombinant clone, PCR	
	technology, DNA sequencing technique, Blotting techniques.	
	Role of DNA in Cell Metabolism; Cell and Tissue Culture; Cloning and	3
	Micromanipulation	
2	Transgenic for food production: Development and current status of transgenic	4
	crops(insect resistant and herbicide tolerant crops) for crop improvement and enhanced	
	agronomic performance; molecular farming, Transgenic Animal, Hybridoma Technology	
	GM foods: Ethical issues concerning GM foods; testing for GMOs; IPR .GMO Act 2004.	3
	Concept of genomics and proteomics.	
3	Fermentation and Industrial Microbiology:	4
	Upstream processing: media for industrial fermentation-submerged and solid state	
	fermentation. sterilization, development of inoculum for fermentation. Screening	
	techniques-primary and secondary, strain improvement of industrially important	
	microorganisms.	
	Introduction to fermentation processes- Bioreactor design, types and components of	3
	fermenter- agitation, aeration, pH, temperature, dissolved oxygen- control and	
	monitoring. Different types of fermenter	
	Techniques of Downstream processes - recovery and purification- filtration,	4
	centrifugation. Purification of intracellular and extra cellular products- Chromatography	
	and Distillation.	
4.	Brief account of industrial production of beer, bread, industrial alcohol, vinegar and acitic	6
	acid, Cheese by microorganisms. Production of aminoacids, Production of antibiotics,	
	Production of food colourants, Production of beta carotene, Production of baker's yeast,	

Production of microbial enzymes and its importance- protease, alpha- amylase, Immobilization of enzymes.	2
Effluent Treatment Plants and Solid Waste Utilization and Management - SCP, Biogas	3
and vermi- composting	
Utilization of-agricultural waste (cereal, legume and oil seed based waste), dairy waste,	3
fruit and vegetable waste, meat, poultry, egg and fish wastes, by-products of fermentation	
industries, Sugar and bakery industry.	
TOTAL LECTURES =	40

- **CO-1** Remember and understand the basic concepts/Principles of Industrial Food Biotechnology
- CO-2 Analyse the Various Concepts to understand them through case studies
- CO-3 Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

#### TEXT BOOKS:

- 1 Genetics. Strickberger M W. Prentice, Hall of India, Pvt Limited, New Delhi.
- 2 Industrial Microbiology, Casida LE, Wiley, 1968
- 3 Microbial Biotechnology: Fundamentals of Applied microbiology Hiroshi Nikaido, Alexander N Glazer
- Biotechnology -Expanding Horizons, B.D. Singh, Kalyani Publishers, New Delhi. 2014

#### **REFERENCE BOOKS:**

1	Introduction to Plant Biotechnology. Second Edition. Science Publishers. Chawla HS.
2	Utilization of By-Products and Treatment of Waste in the Food Industry. Oreopoulou V and Russ W. Springer, 2007.
3	Principles of Gene Manipulation and Genomics, S.B. Primrose and R.M. Twyman, 7thEd., Blackwell Publishing, Victoria, Australia, 2006

Course Code: FS-514 (4CH)	Course Name: ELECTIVE PAPERS
<mark>Pre-requisite: None</mark>	Co-requisite: None

Course Code: FS-514 (A)

Course Name: BEVERAGES, BAKERY AND SNACKS FOOD TECHNOLOGY

- PEO1 Understand the nature and basic concepts of **Beverages**, **Bakery And Snacks Food Technology** Relating to the **M.Sc. in Food Science**
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	INIT TOPICS	
1	Types of beverages and their importance	1
	Synthetic beverages; technology of still, carbonated, low-calorie and dry beverages	1
	Manufacturing technology for juice-based beverages	3
	Isotonic and sports drinks, Role of various ingredients of soft drinks	1
	carbonation of soft drinks	1
	Specialty beverages based on tea, coffee, cocoa	3
	Dairy and imitation dairy-based beverages	1
	Status of beverage industry in India	1
2	Alcoholic beverages- types, manufacture and quality evaluation; the role of yeast in	3

	beer and other alcoholic beverages, ale type beer, lager type beer, technology of brewing process, equipment used for brewing and distillation	
	Wine fermentation and related beverages	3
	Distilled spirits (Rum, Whisky, Brandy, Vodka)	2
	Packaged drinking water- definition, types, manufacturing processes, quality evaluation and raw and processed water, methods of water treatment, BIS quality standards of bottled water, Types: mineral water, flavored water, carbonated water.	3
3	Bakery products: Batter and dough based products, role of bakery ingredients	1
	Bread manufacturing process (straight and sponge dough method), bread faults (staleness, ropiness, retrogradation of starch), quality evaluation of dough and bread,	1
	manufacturing process of cookies, crackers, biscuits, cakes(and its types), pizza, pastry, noodles, pasta, vermicelli	
	Confectionary products- high boiled sweets, toffee, fondant, tablets, lollipop, jellies, Lozenges, sugar panning and Chewing gum, <i>savoury</i> and <i>farsans</i>	3
4	Technology for grain-based snacks: whole grains: coated grains-salted, spiced and sweetened, papads, instant premixes of traditional Indian snack foods	2
	Technology for fruit and vegetable based snacks: Chips, chikki	2
	Technology for coated nuts – salted, spiced and sweetened	1
	Extruded snack foods: Formulation and processing technology, colouring, flavouring	2
	and packaging	
	Blending, frying, baking, toasting, puffing and flaking	3
	TOTAL LECTURES =	40

- CO-1 Remember and understand the basic concepts/Principles of Beverages, Bakery And Snacks Food Technology
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

#### TEXT BOOKS:

- 1 Fellows P. 1988. Food Processing Technology. VCH Ellis Horwood..
- 2 Alan H. V & J. P. Sutherland, Springer International Edition
- 3 Samuel AM.1976. *Snack Food Technology*. AVI Publ.
- 4 Pyler EJ. *Bakery Science & Technology*.3rd Ed. Vols.I, II.Sosland Publ.

#### **REFERENCE BOOKS:**

- 1 Hui YH. et al 2004. Handbook of Food and Beverage Fermentation Technology. Marcel Dekker
- 2 Gordon BR.1997 *Snack Food*.AVI Publ
- 3 Woodroof JG & Phillips GF.1974. Beverages: Carbonated and Non Carbonated. AVI Publ.

4 Francis FJ. 2000. Wiley Encyclopedia of Food Science & Technology. John Wiley& Sons.

Course Code: FS-514 (B) Course Name: DAIRY TECHNOLOGY

- PEO1 Understand the nature and basic concepts of Dairy Technology Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	T TOPICS			
1	<ol> <li>Present status of milk &amp; milk products in India and Abroad; market milk- Composi of milk of various species</li> </ol>			
	quality evaluation and testing of milk, procurement, transportation and processing of market milk, cleaning & sanitization of dairy equipment	3		
	Special milks such as flavored, sterilized, recombined & reconstituted toned & double toned	4		
2	Cream- Definition, classification, composition, cream separation, sampling, neutralization, sterilization, pasteurization & cooling of cream, evaluation, defects in cream	4		
	Butter- Definition, composition, classification, methods of manufacture, theories of churning, evaluation, defects in butter	4		
	Ice cream- Definition, composition and standards, nutritive value, classification, methods of manufacture, evaluation, defects in ice cream, and technology aspects of softy manufacture.	2		
3	Condensed milk- Definition, methods of manufacture, evaluation of condensed & evaporated milk	4		
	Dried milk Powder- Definition, methods of manufacture of skim & whole milk powder, instantiation	3		
	Physiochemical properties, difference evaluation, defects in dried milk powder	3		
4	Cheese: Definition, composition, classification, methods of manufacture, cheddar, Gouda, cottage and processed cheese, evaluation, defects in cheese	4		
	Present status, method of manufacture of yoghurt, dahi, khoa, burfi, kalakand, gulabjamun, rosogolla, srikhand, chhana, paneer, ghee, lassi	4		
	Probiotic milk products	2		
	TOTAL LECTURES =	40		

- **CO-1** Remember and understand the basic concepts/Principles of **Dairy Technology**
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

## TEXT BOOKS:

1	Dey. S.1980. Outlines of Dairy Technology. Oxford Univ. Press. New Delhi		
2	Rosenthal, I. 1991. Milk and Milk Products. VCH, New York.		
3	Technology of Milk Processing, Khan QA and Padmanabhan, ICAR, New Delhi		
4	Aneja RP, Mathur BN, Chandan RC & Banerjee AK. 2002. <i>Technology of Indian Mil Products</i> . Dairy India Publ.		

## **REFERENCE BOOKS:**

1	Walstra P. 1999. Dairy Technology. Marcel Dekker.
2	Rathore NS et al. 2008. Fundamentals of Dairy Technology - Theory & Practices. Himanshu Publ
3	Walstra P. 2006. Dairy Science and Technology. 2nd Ed. Taylor & Francis.
4	Robinson R K (2 vol set) 1986 Modern Dairy Technology Elsevier Applied Science UK

#### Course Code: FS-514 (C) Course Name: FOOD ENGINEERING

- PEO1 Understand the nature and basic concepts of Food Engineering Relating to the M.Sc. in Food Science
- PEO2 Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	TOPICS			
1	1 Introduction to food engineering & processes: principles of thermodynamics an			
	near transfer applied to food engineering;			
	Size reduction equipment: Principal types, hammer mills and impactors, attrition mills, buhr mill, tumbling mills, tumbling mills, colloid mill, cutting machines (slicing, dicing, shredding, pulping);	3		
	Mixing: Theory of solid and liquid mixing, Mixing equipment: Mixers for low- or medium-viscosity liquids (paddle agitators, impeller agitators, powder-liquid contacting devices).	3		
2	<ul> <li>Process Heat Transfer – Thermal properties of food, Modes of heat transfer and overall heat transfer; Fourier"s law, steady state and unsteady state conduction; heat exchange equipment;</li> </ul>			
	Energy balances; rate of heat transfer; thermal boundary layer; heat transfer by forced convections; heat transfer to flat plate and in non Newtonian fluids; heat transfer in turbulent flow; heating and cooling of fluids in forced convection outside tubes.	5		
3	3 Mass transfer, molecular diffusion and diffusivity, Fick"s law, diffusion in sol liquids and gases equilibrium stage process,			
	Convective mass transfer co-efficient, mass transfer with laminar and turbulent flow	3		
	Heat and mass transfer analogy Design equations for convective mass transfer, simultaneous momentum; Application of mass transfer in food processing.	3		
4	4 Refrigeration system; components, refrigerants types, cooling load estimation refrigeration design and application in food processing			
	Food chilling and freezing – Precooling and cold storage, freezing point depression;	2		
	general introduction to enthalpy change during freezing; Plank's equation for predicting rates of product freezing;	3		
	Cryogenic freezing and IQF.	3		
	TOTAL LECTURES =	40		

- CO-1 Remember and understand the basic concepts/Principles of Food Engineering
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

#### **TEXT BOOKS:**

Heldman DR & Singh RP.1995.*Food Process Engineering*. AVI Publ.
 Rao.D.G,Fundamentals of food engg,PHIpubl
 Heldman, D.R. and Lund, D.B. Ed. 1992. Handbood of Food Engineering marcel,Dekker, New York.
 Fundamentals of food process Engineering, Toledo, Singh , Kong, Springer.

#### **REFERENCE BOOKS:**

- 1 Brennan JG, Butter JR, Corell ND & Lilly AVE. 1990. Food Engineering Operations. Elsevier.
- 2 Charm SE, McCabe WL, Smith JC & Harriott P.1993. *Unit Operations of Chemical Engineering*. McGraw Hills.

#### Course Code: FS-514(D)

#### Course Name: NUTRITION AND DIETETICS

- PEO1 Understand the nature and basic concepts of Clinical Nutrition And Dietetics Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

UNIT	Γ TOPICS			
1	Therapeutic Nutrition: Therapeutic adoption of normal diets (normal, soft & fluid	3		
	diets) factors to be considered in planning therapeutic diets, role of dietician,			
	dietary calculation using food exchange lists, high & low calorie diet, high			
	protein, high fat,& low carbohydrate diets			
	Menu Planning, Over-view of special diets.	2		
	Drugs & Diet Inter-Action, Food sensitivity	2		
	Special feeding methods, pre& post operative diets,	2		
2	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	2		
	manifestations & dietary management of: Fever & infection			
	I nerapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	1		
	There are the stations & dietary management of. Anaemia,	2		
	inerapeutic Diets: Etiology, physiological disturbances, biochemical & clinical manifestations & dietary management of: Critical care and stress	2		
	Theremoutic Dists: Etiology, physiological disturbances, biochemical & alinical	2		
	manifestations & dietary management of: Allergy & food intolerance	2		
	There and the stations & dictary management of. Antergy & food intolerance	2		
	manifestations & diatary management of: Surgical conditions in Burns and Trauma	2		
	complications and dietary treatment			
	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	1		
	manifestations & dietary management of: HIV and AIDS.	•		
3	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	2		
•	manifestations & dietary management of: Obesity and underweight	-		
	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	1		
	manifestations & dietary management of: Eating disorder			
	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	2		
	manifestations & dietary management of: diabetes millitus			
	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	2		
	manifestations & dietary management of: gout and inborn errors of metabolism			
	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	2		
	manifestations & dietary management of: GI Disease and disorders			
	Therapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	2		
	manifestations & dietary management of: Cancer			
4	Therapeutic Diets: Etiology, physiological disturbances, clinical & biochemical	2		
	manifestation and dietary management of cardio vascular disorder. Hyper-lipidemia			
	& Antherosclorosis (fat controlled diet) Heart disease (sodium restricted diet)			
	Hypertension, Coma, Irauma, Stroke.	2		
	Therapeutic Diets: Etiology, Physiological disturbances, biochemical & clinical	3		
	(Lich protein high conclusion management of : Liver and Pancreas, Hepatitis & cirrnosis			
	Theremoutic Diete: Etiology physiclogical disturbeness hischemical & district	Λ		
	inerapeutic Diets: Etiology, physiological disturbances, biochemical & clinical	4		
	mannestations & ulcially management of. Diseases of kidney (Nephrosis,			
	Therapeutic Diets: Etiology Physiological disturbances, biochemical & clinical	1		
	manifestations & dietary management of · Neurological disorder	*		
		40		
	I I I I I LEUTUKES =	40		

- **CO-1** Remember and understand the basic concepts/Principles of **Nutrition And Dietetics**
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

#### **TEXT BOOKS:**

1	Nutrition and Dietetics – Subhangini A.Joshi – Tata McGraw-Hill Publishing Company Limited, New
	Delhi
2	Dietetics – B.Srilakshmi – New age international (P) limited New Delhi.
3	Clinical Dietetics and Nutrition – F.A. Antia, Oxford University Press, London.
4	Text Book of Human Nutrition- Mahtab S. Bamji, N.Rao & V. Reddy, Oxford & IBH Publishing Co. Pvt
	Ltd.

#### **REFERENCE BOOKS:**

1	Normal and Therapeutic nutrition- C.H. Robinson & M.R Lawler – Macmillen Publishing Co. New York.
2	Essentials of Food and nutrition – M.Swaminathan, Vol I & II, The Bangalore Printing & Publishing Co.
	Ltd (BAPPCO)
3	Food, Nutrition & Diet Therapy-L.K.Mahan & Escott.Stump-W.B. Saunders Ltd
4	Nutrition& Diet Therapy- S.R.Williams-Times mirror Mosby college Publishing. Co.
5	Human Nutrition & Dietetics- J.S.Garrow, W.P.T.James, A. Ralph – Churhill Livingstone.

## 5 | Human Nutrition & Dietetics- J.S.Garrow, w.P.I.James, A. Raipn – Churnill Livingsto

## Course Code: FS-515(4CH) Course Name: PRACTICAL-III

## **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Practical on Theory Papers Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

#### **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Practical on Theory Papers
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

Course Code: FS-516(2CH)	Course Name: ENTERPRENEURSHIP DEVELOPMENT	
	PROGRAMME	

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of ENTERPRENEURSHIP DEVELOPMENT PROGRAMME Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

#### **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of ENTERPRENEURSHIP DEVELOPMENT PROGRAMME
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

## FOURTH SEMESTER

Course Code: FS-521 (4CH)	Course Name: ENTERPRENUERSHIP DEVELOPMENT
	PROPOSAL
<mark>Pre-requisite: None</mark>	Co-requisite: None

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Entrepreneurship Development Proposal Relating to the M.Sc. in Food Science
   PEO2 Analyse the relationships among different concepts
   PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

Evaluation shall be done by members. Students should be assigned marks for presentation skill based on following Criteria:

Sl.No.	Topics	%Marks
1	Report Writing	60
	-subject knowledge	(20)
	-disease management	(20)
	-cause and diet requirements	(20)
2	PPT presentation	40

It is for building (or reinforcing) skills in project development and execution, decision-making, individual and team coordination, approach to problem solving, accounting, marketing and resolving conflicts, etc. The programme has end to end approach. Carefully calibrated activities help the participants to explore and discover their own potential and both activities and facilitation play a critical role in enhancing team performance. Experiential Learning (EL) helps the student to develop competence, capability, capacity building, acquiring skills, expertise, and confidence to start their own enterprise and turn job creators instead of job seekers. This is a step forward for "Earn while Learn" concept. Experiential Learning is an important module for high quality professional competence and practical work experience in real life situation to Graduates.

#### **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Entrepreneurship Development Proposal
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

Course Code: FS-522 (4 CH)	Course Name: FINAL PROJECT REPORT
<mark>Pre-requisite: None</mark>	Co-requisite: None

PEO1	Understand the nature and basic concepts of <b>Final Project Report</b> Relating to the <b>M.Sc. in Food Science</b>
PEO2	Analyse the relationships among different concepts
PEO3	Perform procedures as laid down in the areas of study
PEO4	Apply the Basic Concepts learned to execute them

1. Basic concepts of project planning

a) Defining objectives- Need, problem, project, feasibility, planning, formulation. - . Identifying resources

b) Methods/approaches,

#### 2. Guideline for project writing -

Title of the project - Name of the person - Duration of the project, type of project. – Aims and objectives - summary of the proposed project - Project information, location, people and personnel involved. - Working/methodology – Evaluation - Writing and reporting

#### 3. Internship Tenure- 6months-

After successful completion of the course the candidate is eligible to undergo 6months internship in the following departments.

Modules for Project Work:

- 1. Drying and Dehydrations of fruits and vegetables
- 2. Fruits and Vegetable Products
- 3. Beverages and other Innovative Products
- 4. Spice Products
- 5. Postharvest management and marketing of Fresh Fruits and Vegetables
- 6. Egg, Poultry and Meat Processing
- 7. Bakery Products
- 8. Grain based Products (Cereal, Legumes/pulses and oilseeds)
- 9. Chocolate, Confectionary and Snack Products
- 10 .Milk and Milk products
- 11. Processing of Fish and Fish Products
- 12. Functional Foods and Nutraceuticals
- 13. Innovative Food Packaging

A Good Project should have:

- i) Originality, Innovation and creativity and should commensurate with understanding the problem and finding solution.
- ii) Relevance of the project to the community and impact of the project on society.
- iii) Proper understanding of the subject, quality and quantity of the work and efforts to validate the data collected.

#### **Project Report Writing:**

The structure of the project report shall be in the format is as follows:

- i) The Cover Page-
  - It should have
    - •Title of the project
    - •Name and address of department
    - •Name and address of Supervisor/Guide/ teacher
- ii) Abstract -500 words
- iii) Contents:
  - -List of tables/figures
  - Abbreviations
- iv) Introduction-Description on background of the study
- v) Aims and Objectives
- vi) Relevance of the project work
- vii) Methodology
- viii) Observations: This shall include the observations during the experiment. Observation can be both qualitative as well as quantitative.
- ix) Data analysis and interpretation: The data generated/ obtained from the experiments/observations should be processed for better understanding in a more structured manner. Tools and methods (e.g. statistical methods) may be used for analysing data to understand the patterns that emerges from it to form results and conclusions.

- x) Results: Results are the output of compilation of the data into meaningful outcomes/ interpretations and sometimes, there is a need to redo the experiments to get consistent results. In case it is not possible to "repeat the experiments", there should be adequate replicates so that adequate data is available for interpretation, and arriving at results.
- xi) Conclusions: This is the logical end of the project to arrive at specific conclusions from the observed phenomena. In a way, the whole objective of the project is to arrive at some conclusion, either positive or negative which would lead to a better understanding of the problem.
- xii) Acknowledgement
- xiii) References

Evaluation shall be done by external members. Students should be assigned marks for project report based on following Criteria:

Sl.No.	Topics	%Marks
1	Originality of Idea and Concept	5
2	Relevance of the project to the theme/problem	5
3	Data collection and analysis	10
4	Research Plan and Methodology	10
5	Experimentation/ execution of research work	10
6	Research Report Writing	30
7	Oral Presentation	20
8	Clarification of queries raised	20
	Total=	100

The word "Project" essentially means that learning and development are achieved through personally determined experience and involvement, rather than on received teaching or training, typically in group, by observation, study of theory or hypothesis, bring in innovation or transfer of skills or knowledge. Experiential learning during project work is a business curriculum-related endeavour which is interactive.

#### **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Final Project Report
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

Course Code: FS-523(4CH)	Course Name: SEMINAR
Pre-requisite:NONE	Co-requisite: None

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Seminar-I Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

Evaluation shall be done by members. Students should be assigned marks for presentation skill based on following Criteria:

Sl.No.	Topics	%Marks
1	Report Evaluation	50
2	Recent / innovative/ unique idea/ topics	10
3	Technical knowledge related to product/process/ technique	20
4	PPT Presentation	20

The student utilizes the knowledge in detail to build self-confidence.

- CO-1 Remember and understand the basic concepts/Principles of Seminar-I
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

Course Code: FS-524 (4CH)	Course Name: INDUSTRIAL TOUR REPORT
<mark>Pre-requisite: None</mark>	<mark>Co-requisite: None</mark>

#### **Programme Education Objectives**

- PEO1 Understand the nature and basic concepts of Industrial Tour Report Relating to the M.Sc. in Food Science
- **PEO2** Analyse the relationships among different concepts
- **PEO3** Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

Industrial Tour should be compulsorily carried out by students at least for 1 day. The Industrial Tour should be planned to make students acquaint with different sectors of Food Processing Industries (viz. Bakery, fruits and vegetables, snacks, meat processing, etc). The students should be shared with the details of industries being visited to and given an assignment to collect the basic details of the types of products and technicalities related to it.

#### Formats for Study Tour or Educational Tour Report and For Its Evaluation:

- 1. Name of the student:
- 2. Reg. No and Roll No. :
- 3. Name of the plant (address):

4. Period of Tour:

Place	Date and Time	Organization	Learning Outcomes

Evaluation shall be done by members. Students should be assigned marks for Industrial Tour based onfollowing Criteria:

Sl.No.	Topics	%Marks
1	Tour report Evaluation	50
2	Technical knowledge related to products	20
3	Presentation of Tour Report with Pictures in	30

## **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of Industrial Tour Report
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

Course Code: FS-525 (4CH)	Course Name: COMPREHENSIVE VIVA-VOCE
Pre-requisite: None	<mark>Co-requisite: None</mark>

PEO1	Understand the nature and basic concepts of <b>Comprehensive Viva-Voce</b> Relating to the <b>M.Sc. in Food Science</b>
PEO2	Analyse the relationships among different concepts
PEO3	Perform procedures as laid down in the areas of study
PEO4	Apply the Basic Concepts learned to execute them

Evaluation shall be done by members. Students should be assigned marks by the performance in the viva-voce.

## **Course Outcomes**

- **CO-1** Remember and understand the basic concepts/Principles of **Comprehensive Viva-Voce**
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- **CO-4** Execute/create the Project or field assignment as per the knowledge gained in the course

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Course Code: MOOC	Course Name: (As per choice of student)	
Pre-requisite: None	Co-requisite: None	

#### **Programme Education Objectives**

PEO1	Understand the nature and	basic concepts of MOO	C Relating to the M.Sc.	in Food Science
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- **PEO2** Analyse the relationships among different concepts
- PEO3 Perform procedures as laid down in the areas of study
- **PEO4** Apply the Basic Concepts learned to execute them

Student should opt in 2<sup>nd</sup> or 3rd semester as per available from online platforms like-SWAYAM, IGNOU, CONSORTIUM FOR EDUCATIONAL COMMUNICATION, NPTEL etc. Evaluation shall be done by examination. Students should be assigned marks for the same.

## **Course Outcomes**

- CO-1 Remember and understand the basic concepts/Principles of MOOC
- **CO-2** Analyse the Various Concepts to understand them through case studies
- **CO-3** Apply the knowledge in understanding practical problems
- CO-4 Execute/create the Project or field assignment as per the knowledge gained in the course

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Course Code: IDC	Course Name: BASICS TO FOOD SCIENCE 3	ЗСН
Pre-requisite: None	Co-requisite: None	

#### **Programme Education Objectives**

Students will develop the knowledge of fundamental concepts and recent advances in foodscience with respect to industrial application of food science in food product development.

# UNIT -1

**Nutrient content of foods:**Basic food groups. Functional food groups-energy yielding, body building and protective foods (only sources and not properties and functions).

**Cooking methods**: Study of the different cooking methods (Boiling, steaming, stewing, frying, baking, roasting, broiling, cooking under pressure. solar cooking, Microwave cooking.), merits and demerits

**Cereals and millets:** Source of manufacture, structure, composition, storage, processing of rice, wheat, maize and millets

**Pulses:** Source of manufacture, nutritive value, judicious combination of cereals and pulses, storage, Protein concentrates, hydrolysates and texturized vegetable proteins.

# UNIT-2

Nuts and oil seeds: Nutritive value, toxins.

**Fats and Oils:** Source and manufacture, usage, hydrogenation, rancidity, smoking point, emulsification.

Vegetables: Classification, colour, nutritive value, effect of cooking on colour, texture,flavour,

appearance and nutritive value, Purchase - storage and preservation.

Fruits: Classification, nutritive value, uses, preservation.

Spices and condiments: Origin, use in food preparation, excess consumption.

# UNIT-3

Meat: classification, nutritive value, methods of cooking, purchase, storage.

Fish: classification, nutritive value, purchase, storage, cooking and preservation.

**Eggs:** Structure and composition, nutritive value, palatability, methods of storage, preservation and uses in cookery.

**Milk and milk products:** Nutritive value, cow's milk as compared with human milk, coagulation of milk, digestion of milk, milk products - whole and skimmed milk, milk powders and yogurt, ghee, butter, cheese. Storage and preservation.

# UNIT-4

**Beverages:** Classification, nutritive value and uses, coffee, tea and cocoa, malted beverages.Sources, manufacture, processing, methods of preparation, serving.

Sugar Confectionery: Stages in sugar cookery, types of sugars available, crystallisation insugar cookery, jaggery.

Bakery products: types, constituents, role of raising agents use in cookery and bakery

## **TEXT BOOKS**

- 1. Foods Facts and Principles- S. Manay, Wiley Eastern, New Delhi.
- 2. Swaminathan (1995): "Food & Nutrition", The Bangalore Printing & publishing co ltd., Vol I, Second Edition, Bangalore.
- 3. Srilakshmi (1997): "Food Science", New Age International (P) Ltd, Publishers, Pune.
- 4. Potter, N. and Hotchkiss, J.H- Food Science, Fifth ed., 1986, CBS Publishers and Distributors, New Delhi.

# **REFERENCE BOOKS:**

1. Hughes, O and Bennion, M. 1970 Introductory Foods, 5th ed., The macmillan Co., New York.

2. Griswold, R.M. 1962. Experimental Study of Foods, Houghton mifflin company, Boston. 3. Ghose, R.L.M., Ghate, M.B. and Subramaniam, V. 1960. Rice in India. ICMR, New Delhi.

4. Eckles, G.H., Combs, W.S. and Macy, H. 1951. Milk and Milk Products, RMB Publishing Co., Ltd., New Delhi.

5. Fisher, P. and Bender, A. 1971. The Value of Foods. Oxford University Press, London.

6. Birch, G.C. and Cameron, A.G, and Spencer, M. Food Science, 3rd ed., Perganon Press, Oxford.

7. Sweetrnah, M.D. and Mackellar, I, 1954. Food Science and Preparation. 4th ed., John 8 wiley & Sons Inc., New York.

8. Fitch, J.J. and Francis, C.A. 1953. Foods and Principles of Cookery, 1st ed., PrenticeHall Inc., New York.

9. Pechkham, G.C. 1969. Foundations of Food Preparation, The Macmillan Company, London

## **Course Outcomes**

1. To enable students to obtain knowledge of different food groups and their contribution to nutrition.

2. To help them study the different methods of cooking and their advantages and disadvantages.

3. To enable them gain them to experience in the preparation of foods with attention to the preservation of their nutritive value - oriented to Indian cooking.

4. To help them understand the scientific principles governing the acceptability of food preparations.